



ETCI MEHMET LEEDS
 "Incredible, food, service, atmosphere"
 THE UK'S NO.1 TURKISH STEAKHOUSE

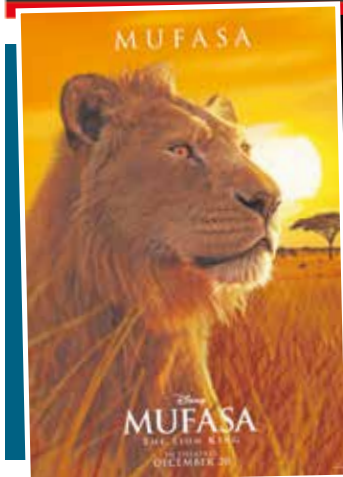
RESERVE NOW
 WWW.ETCIMEHMET.CO.UK/BOOK
 0161 228 3158



FREE
Asian Express
 DECEMBER 3RD EDITION 2024
Yorkshire



BRADFORD 2025
 UK City of Culture



**WHAT'S ON
 IN CINEMAS
 THIS MONTH**

See pages 35 & 37

**MCLAREN 750S NAMED
 'PERFORMANCE
 CAR OF
 THE YEAR'**



See page 39

Support dog Rocky provides knockout aid for polio survivor Rajwinder (Credit: Josie Hunt Photography)



**A woman's
 best friend**

Loveable pooch pet helps his human to live life more independently

A woman who was left confined to her wheelchair is helping raise awareness of how support dogs can help change lives.

Rajwinder Kaur, was a one-year-old when contracted polio as a baby, which had a life-changing impact on her life. Until recently, the 44-year-old relied heavily on her husband and carer, Hardeep, for support and couldn't go anywhere on her own.

But thanks to a Yellow Labrador called Rocky – who has been trained by the national Support Dogs charity – Rajwinder has been able to regain her independence.

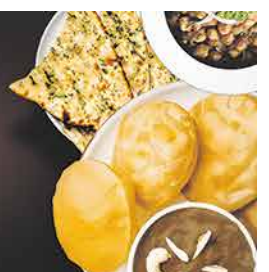
Rocky trained as a support dog to help Rajwinder with a range of tasks, and has helped her in feeling much more optimistic about everyday life.

Continued on page 8



AAGRAN
 MIDPOINT

BRUNCH BAZAAR
 SATURDAY, SUNDAY
 AND BANK HOLIDAYS



CONTACT US:



Tel: 08703 608 606

Email: general.enquiry@asianexpress.co.uk

Stories: editor@asianexpress.co.uk
Advertising enquiries: sales@asianexpress.co.uk

Text to mobile: 07772 365 325

Follow us on



Asian Express is available as a **FREE pick-up** from selected supermarkets, retail outlets, community centres, boutiques, restaurants and many other distribution outlets across the Yorkshire region.

So pick-up your FREE copy of Asian Express TODAY!

©Media Buzz. All contents are Copyright. All Rights are reserved. No part of this publication may be stored in any retrieval system or transmitted electronically in any form without prior written permission of the Publishers. Whilst every effort is made to ensure accuracy, no responsibility can be accepted for inaccuracies howsoever caused. Contributed material does not necessarily reflect the opinion of the Publishers. The editorial policy and general layout of this publication are at the discretion of the publisher and no debate will be entered into. No responsibility can be accepted for illustrations, articles or photographs whilst in transmission with the Publishers or their Agent unless a commitment is made in writing prior to receipt of such items.

Published by Media Buzz



Scan the QR code for direct access to asianexpress.co.uk

STROKE:

Dr Amir Khan's community call to action to help spot the signs of stroke

The first sign of a stroke might not seem like much – you could be struggling to smile (Face), you might not be able to raise your arm (Arm), or slurring when you speak (Speech).

Just one symptom could mean a stroke, and it could come on very suddenly.

Even if it doesn't seem like it, any sign of a stroke is always an emergency. But do you have the knowledge you need to detect a possible stroke, and would you know what to do?

NHS England's latest campaign



REJUVENATE YOUR BUSINESS WITH NEW SIGNAGE!

MAJOR signs
Est. 1987

SIGNS & GRAPHICS SPECIALISTS SINCE 1987

- ILLUMINATED SIGNAGE
- ALUMINIUM TRAYS / PANELS
- 3D / BUILT UP LETTERS
- LED NEON SIGNS | LIGHTBOXES
- PVC BANNERS | PULL UP BANNERS

WE NOW SUPPLY & FIT:
ALUMINIUM SHOPFRONTS
ROLLER SHUTTERS
BI-FOLDING DOORS
COMPOSITE DOORS

Contact us Today:
t: +44 (0) 113 243 8792
e: info@majorsignsleeds.com
Unit 1, 56 Roseville Road, West Yorkshire, Leeds, LS8 5DR
[/majorsignsleeds](https://www.instagram.com/majorsignsleeds)

Act FAST

shines a light on the vital importance of recognising stroke symptoms and urges people to call 999 when they notice any one sign. Strokes are the fourth single leading cause of death in the UK, with 38,000 stroke-related deaths each year.

Calling 999 immediately means that a stroke can be diagnosed and treated earlier. However, new data has found that the average time between someone first having symptoms and calling 999 was nearly an hour and a half.

We all need to know the signs of stroke

A stroke can happen to anyone at any age, but people from a South Asian background, or with existing conditions such as high blood pressure, diabetes or sickle cell disease, have an even higher risk.

This means that, as a community, we must rally together to empower ourselves with the knowledge - it's everyone's business to be able to spot

“It’s crucial that we’re all aware of the symptoms and that we call 999 without delay. The first sign of a stroke actually might not seem like much, but every minute is vital.”

potential stroke symptoms and to act quickly. Whether you may be at risk of having a stroke yourself, or are in a position to help someone else, we can all potentially save lives if we know what to look for.

Well-known medic, Dr Amir Khan, is fronting a new short video for the campaign, asking members of the community whether they think they would be able to recognise some of

the first signs of a stroke.

Dr Khan believes that bringing the community together, ensuring that everyone can spot the symptoms and knows what to do, is a very important step: “A stroke strikes every five minutes in the UK, and we know that our community is at greater risk of stroke, at a younger age.

“So, it’s crucial that we’re all aware of the symptoms and that we

call 999 without delay. The first sign of a stroke actually might not seem like much, but every minute is vital – getting quick access to specialist treatment can be lifesaving and can reduce long-term disability.

“Whether someone is unable to raise their arm, struggling to smile or slurring when they speak – any sign is always an emergency and you need to call 999 immediately.”

Act FAST

Face or Arm or Speech,
at the first sign, it's **Time**
to call 999

Symptoms of stroke can appear suddenly:

- Struggling to smile (Face)
- Not being able to raise your arm (Arms)
- Slurring when you speak (Speech)

Other signs & symptoms can include:

- Weakness or numbness down one side of your body
- Blurred vision or loss of sight in one or both eyes
- Finding it difficult to speak or think of words
- Confusion and memory loss
- Feeling dizzy or falling over
- A severe headache

Stories from our community



While at her daughter's house, Latika Patel was feeling unusually tired, and walking had become more difficult.

As a retired nurse, Latika thought it was something to do with her ongoing fluctuating blood pressure, but her daughter noticed that her mother was quieter than usual. Latika's speech was only mildly affected, but she found herself slurring slightly. She also found that she couldn't smile, or lift her left arm.

Latika says: “My daughter said that she knew I was having a stroke, but I had no idea and thought I would be fine. Even with my nursing knowledge, it took someone else to recognise the signs.

“Thankfully my daughter acted quickly and called 999.”

Latika had suffered a hemorrhagic stroke. If it had not been caught in time, there would have been a great risk to her health and her future. Thankfully, she is now on the road to recovery.

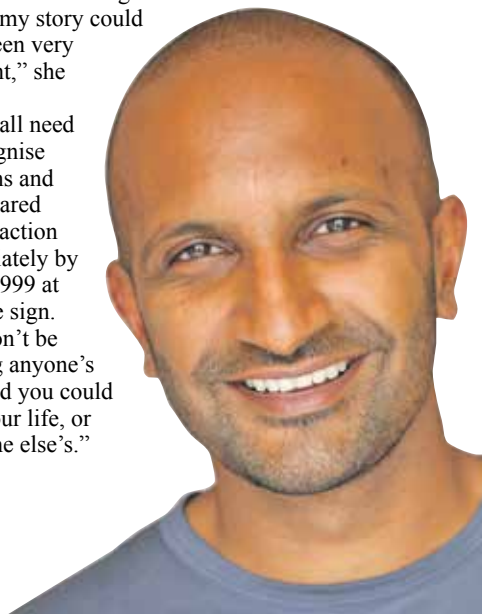
Niraj Shah wasn't sure exactly what was wrong when he called 999, but he knew he needed help. Niraj has made a full recovery since his stroke, and now knows that acting quickly can make a huge difference.

“I didn't know anything about strokes before I had one myself. I thought it only happened to ‘old’ people.

“If you spot anything that you think could be a sign of stroke, call 999 and describe what's happening. Worst case scenario, it's a false alarm, but it's always better to be safe than sorry.”

Latika counts herself lucky and wants everyone to be able to know what to look out for. “If my daughter hadn't known the signs of stroke, my story could have been very different,” she adds.

“We all need to recognise the signs and be prepared to take action immediately by calling 999 at any one sign. You won't be wasting anyone's time and you could save your life, or someone else's.”



Alnylam Pharmaceuticals funded the National Kidney Federation to develop this advert



Had kidney stones more than once?

Chat to your GP about kidney disease.



If you're of South Asian origin, you may be at higher risk for a genetic kidney disease, such as primary hyperoxaluria type 1 (PH1), a rare disease that can cause recurrent kidney stones.

Other signs of kidney disease can include weight loss and poor appetite, swollen ankles, feet or hands, shortness of breath, tiredness and blood in your pee.

Learn more about PH1 and access information in Urdu by using the QR code. Additional information on kidney disease is also available at www.kidney.org.uk.

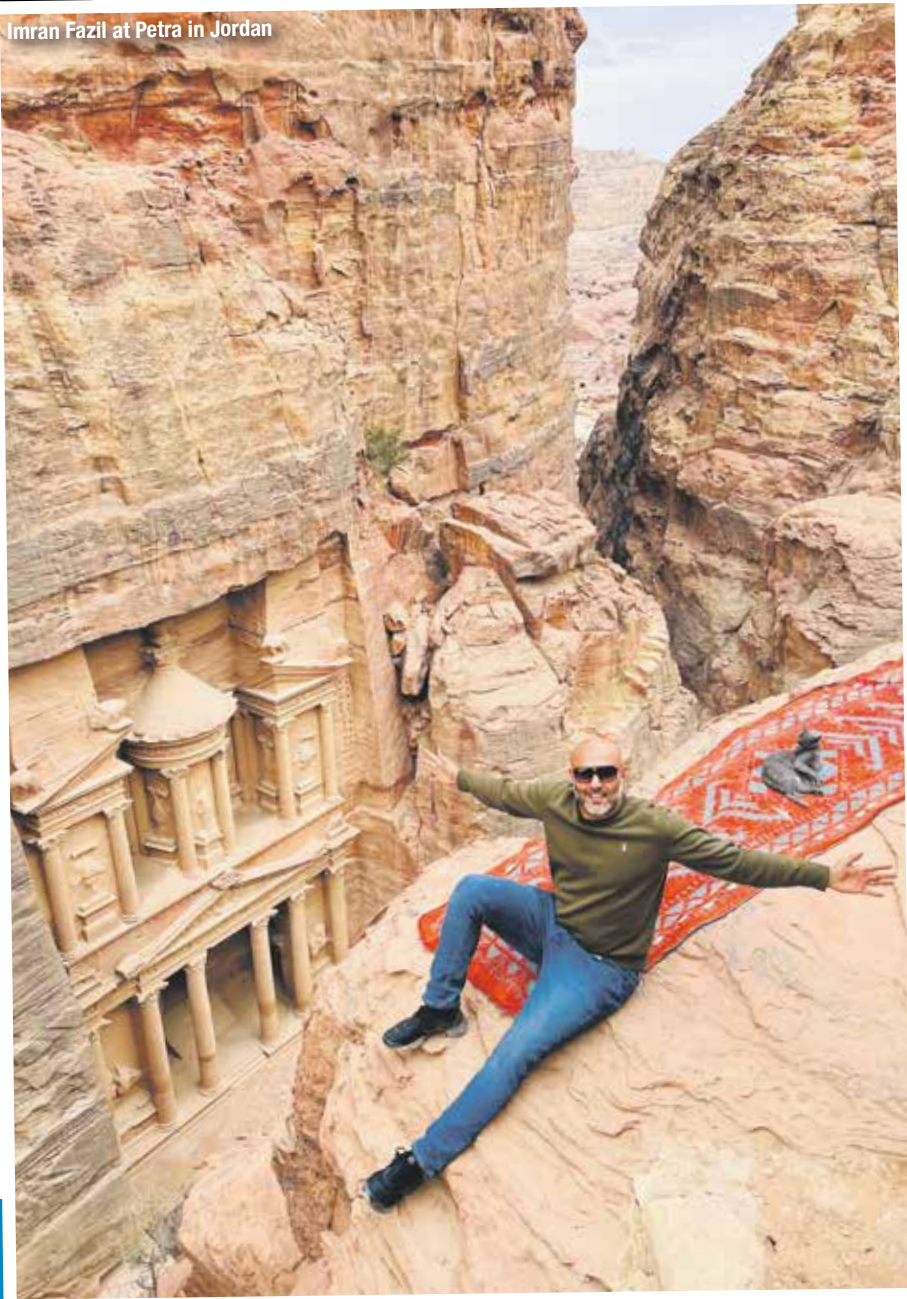


Job number: PH1-UK-00036
Date of preparation: November 2024

Face or arm or speech, at the first sign, it's time to **call 999**.
For more information, visit www.nhs.uk/conditions/stroke/symptoms/

Globetrotter

Imran Fazil at Petra in Jordan



Travel adventurer hopes to tick off the final wonder of the world

A travel explorer from Bradford has trekked over 20,000 miles to fulfil his big adventure-dream of visiting all seven wonders of the world.

Having ticked off six of the seven wonders of the world, the intrepid Imran Fazil, 41, now hopes to complete his journey in 2025 by going to the Taj Mahal with his wife Sehrish, daughters Aisha, Maria, and son Adam.

So far, he's fulfilled his dream of visiting the Colosseum in Rome, Christ the Redeemer in Rio de Janeiro, The Great Wall of China, Machu Picchu in Peru, Chichén Itzá in Mexico and Petra in Jordan.

The feat is based on the 'Seven Wonders of the Ancient World', a list of notable structures that were present during 8th century BC and the 5th century AD.

Imran explains: "As the Taj Mahal stands for timeless symbol of love, I therefore plan to take my wife and children to complete the seven wonders. I'm south Asian (Pakistani) so going to the Taj Mahal, close to my ancestral roots with my family, would be the finishing touch."

Imran fulfilled his lifelong dream of visiting the Great Pyramids in Egypt



Imran at Chichén Itzá in Mexico



2008: Imran got the 'travel bug' after he visited the Colosseum in Rome

Imran first visited the Colosseum in Rome, Italy, in 2008, one of the newly added wonders of the world. Bit by the travel bug, he wanted to complete the rest of the challenge and visit the other countries.

As part of his travels, Imran paid a trip to the Great Pyramids in Egypt where the only surviving of the original Seven Wonders of the Ancient World stands.

Imran, a secondary school ICT and PE teacher, said: "From a young age, I wanted to always travel.

"When I went to Rome in 2008 it had loads of beautiful places like the Vatican and the Colosseum. Just so much history. I found that it was one of the new wonders of the world, so it has always been on my list to do the others."

Imran adds that Machu Picchu in Peru is his favourite place that he's visited, because of its mesmerising views.

He said: "Each one of the wonders has its own unique experiences but the Machu Picchu was breathtaking.

"I would encourage people to go see these wonderful places. With each one, you get to feel the culture and see lots of other travellers from around the world."

Imran has previously visited various other countries including America, Australia, Thailand, Malaysia and Japan.

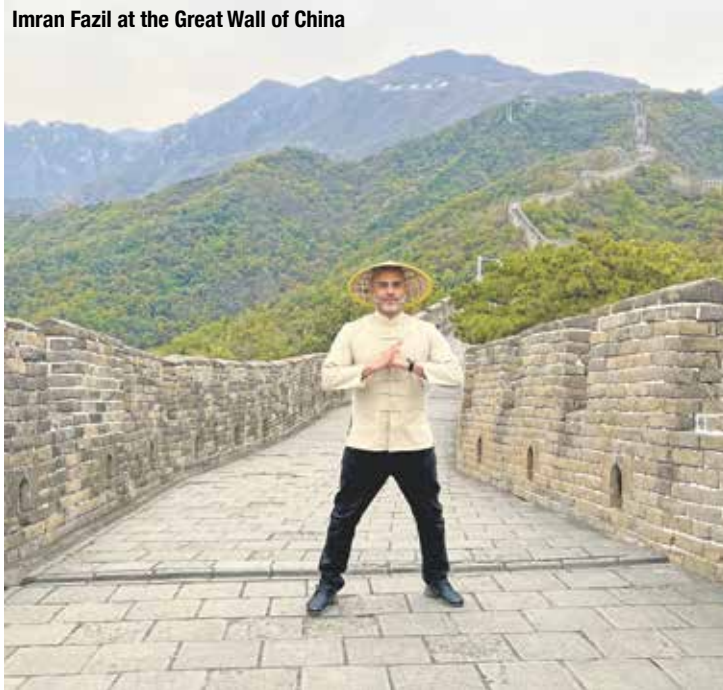
But after completing the 'Seven Wonders' check-list, he hopes to visit Africa again. "I've not explored Africa as much as I'd have liked," he explains. "Areas such as Kenya, Nigeria and South Africa. I'm excited about having the chance to see their different cultures, landscape, food and people."

He concludes with a travel mantra: "We travel not to escape life, but for life not to escape us. Travelling to all of these countries has opened up my mind, to be grateful for what I have. Alhamdulillah."

Imran's favourite is Machu Picchu in Peru



Imran Fazil at the Great Wall of China



Imran visits Christ the Redeemer in Brazil



Trusted legal advisers

We provide a wide range of commercial and civil dispute resolution services to clients across Yorkshire, including:

- Contractual Disputes
- Financial Disputes
- Property Disputes
- Charity and Trusts Disputes
- Shareholders, Directors and Partnership Disputes
- Professional Negligence Claims
- Injunctions and Freezing Orders
- Intellectual Property and Trade Mark Disputes
- Data Protection and Privacy
- Defamation, Media and Reputation Management
- Judicial Reviews

Contact Luke Patel today for a free, no obligation discussion on 0113 227 9316 or 07971 847132.

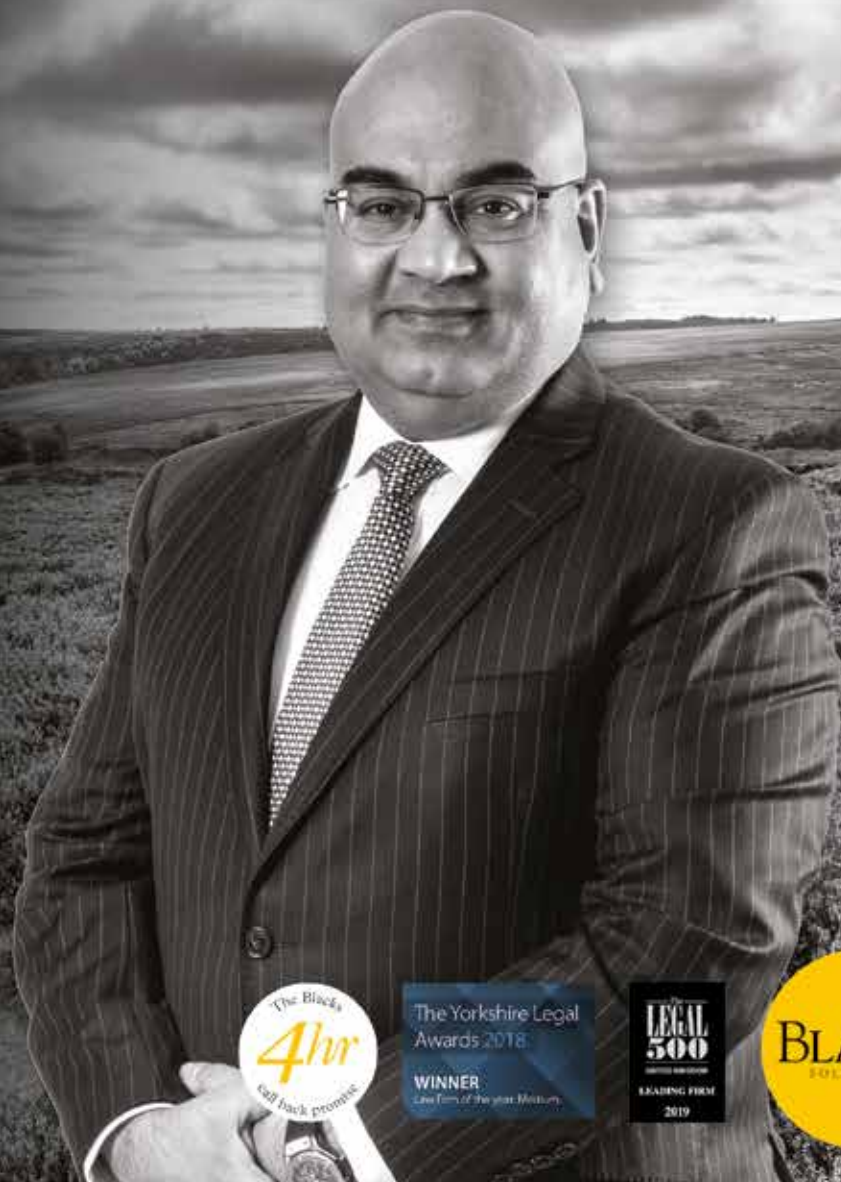
Our other services include Corporate & Commercial; Commercial Property; Insolvency & Recovery; Employment Law; Immigration; Family Law; Trusts, Wills & Estates.

Blacks Solicitors LLP

www.LawBlacks.com | Tel: 0113 207 0000

Luke Patel | E: LPatel@LawBlacks.com | @LukeLawBlacks

Blacks Solicitors LLP. Registered in England and Wales no. OC309566. Registered office: City Point, 29 King Street, Leeds, LS1 2HL. where a list of members is open for inspection. Authorised and regulated by the Solicitors Regulation Authority no. 419628



Year of Young Ambassadors at Bradford Museums and Galleries

Dastarkhans and poetry...

A group of young people from across the Bradford district formed the 'Bradford Young Ambassadors' at the start of 2024, and volunteer with the aim of encouraging other young people into Bradford Museums and Galleries.

This year, they have delivered five workshops including how to make a dastarkhan (tablecloth) using natural dyes including turmeric, beetroot and charcoal.

At other workshop sessions, visitors made a vintage festive bookmark using marbling techniques, tested their poetry skills at the museum inspired poetry table. The finale event for this year had a Christmas focus with two drop-in sessions, showcasing some of the artistic skills from each of their previous workshops

Young Ambassador, Imamah said: "Being a Young Ambassador for Bradford Museums has been such an enjoyable experience!

"My favourite thing has been the amazing people I've got to know. Everyone is so friendly and there is so much opportunity to creatively work as a group and take charge of what we do with our time.

"Seeing the results and reflecting on the experience has been so rewarding, especially after all the teamwork and thought that goes into each meeting. To anyone considering doing this - go for it!

"Even if you aren't sure about a career related to museums or history, the skills gained are invaluable and you get to interact with so many interesting people you may not get the opportunity to otherwise."

Now, Bradford Museums and Galleries are looking for next year's cohort of Young Ambassadors. Applications are open now for young people between the ages of 16 and 25, who love arts, heritage and culture and are keen to learn more. Find out more, and how to apply by visiting: bradfordmuseums.org/position/young-ambassadors-2/.

If you'd like an informal chat about the Young Ambassador programme, contact Sonja Kieilty on 07976 747341 or Vick Jenkins on 07974 894486.



Rajas

Tango ORANGE ORIGINAL

LOVE THE TASTE

BURGER CRAVINGS?
Raja's has you covered

OUR LOCATIONS

RAJAS FLAGSHIP	RAJAS HAWORTH ROAD	RAJAS LEEDS ROAD	RAJAS LEEDS	RAJAS HUDDERSFIELD	RAJAS EDINBURGH
RAJAS LONGSIGHT	RAJAS OTLEY RD	RAJAS WHALLEY RANCE	RAJAS HALIFAX	RAJAS ROCHDALE	RAJAS OAK LANE
RAJAS WIBSEY	RAJAS LEICESTER	RAJAS WAKEFIELD	RAJAS DEWSBURY	RAJAS SHIPLEY	

FOLLOW US @RAJAS_UK

BIGGEST EVER WINTER

RATED EXCELLENT ★ Trustpilot ★★★★★

SALE! NOW ON

SAMEDAY COLLECTION
NEXT DAY DELIVERY



TCL
55" 4K HDR UHD Smart QLED TV Dolby Vision & Atmos

- QLED Technology
- Quantum Dot Technology

SAVE £81 **EXCLUSIVE 2 YEAR WARRANTY**

£348.00

Model: 55C645K RRP:£429.00

METZ
43" 4K HDR UHD Smart LED TV HDR10 & HLG

- Voice Assistants
- Apple AirPlay

SAVE £50 **EXCLUSIVE 2 YEAR WARRANTY**

£199.00

Model: 43MRD6000YUK RRP:£249.00

LG
55" 4K HDR UHD Smart LED TV HDR10 HLG & AI Sound

- HDR10 & HLG
- Filmmaker Mode

SAVE £200

£449.00

Model: 55UT80006LA RRP:£649.00

LG
65" 4K HDR UHD Smart QLED LED TV HDR10 AI Sound Pro

- Filmmaker Mode
- AI Brightness Control

SAVE £250 **EXCLUSIVE 5 YEAR WARRANTY**

£849.00

Model: 65QNED80T6A RRP:£1099.00

Hisense
American Fridge Freezer in Black with Ice & Water

- Smart Connectivity
- PureFlat Door Design

SAVE £300 **EXCLUSIVE 5 YEAR WARRANTY**

£799.00

Model: RS18N4IFE RRP:£1099.00

LG
American Fridge Freezer in St/Steel Ice & Water Non Plumbed

- NatureFRESH Technology

SAVE £700 **EXCLUSIVE 2 YEAR WARRANTY**

£999.00

Model: GSJ91BSAE RRP:£1699.00

beko
182cm High 50/50 Frost Free Fridge Freezer in St/Steel

- Automatic Defrost Fridge
- Frost Free Freezer

SAVE £150

£349.00

Model: CNG3582VPS RRP:£499.00

HOOVER
176cm High 50/50 Fridge Freezer in White 55cm Wide

- Super Cooling function

SAVE £50

£299.99

Model: HVT3CLECKIHW RRP:£349.99

beko
8kg Condenser Dryer in White Sensor Dry

- 15 Programmes
- Sensor Dryer
- Delay Start

SAVE £40

£259.00

Model: DTLCE80041W RRP:£299.00

CANDY
9kg 1400 Spin Washing Machine in White Smart Touch

- 16 Wash Programmes
- LED Display
- Weight Sensors

SAVE £30

£269.00

Model: HCU1492DE1 RRP:£299.00

SAMSUNG
Series 5 9kg 1400 Spin Washing Machine Ecobubble

- 14 Wash Programmes
- EcoBubble Technology
- SmartThings

SAVE £190 **EXCLUSIVE 5 YEAR WARRANTY**

£379.00

Model: WW90CGC04DAH RRP:£569.00

Hotpoint
9kg 1400 Spin Washing Machine Steam Hygiene

- Steam Hygiene Cycle
- Anti-Allergy Cycle
- Anti-Stain Cycle
- Variable Spin Speed

SAVE £60

£299.00

Model: NSWF946BSUK RRP:£359.00

SAMSUNG
Built-In Electric Catalytic Oven in Black Glass

- True Convection
- Ice Blue LED Display
- Rotary Oven & Touch Controls

SAVE £200 **EXCLUSIVE 2 YEAR WARRANTY**

£299.00

Model: NV68A1140BK RRP:£499.00

Montpellier
Built-In Electric Single Oven in St/Steel 65L

- 8 Function Oven
- Minute Minder
- Easy Clean Enamel Interior

SAVE £70 **EXCLUSIVE 2 YEAR WARRANTY**

£149.00

Model: SFO65MX RRP:£219.00

dyson
Ball Animal Origin Bagless Upright Vacuum Cleaner

- Radial Root Cyclone Technology
- De-Tangling Technology

SAVE £100 **EXCLUSIVE 5 YEAR WARRANTY**

£229.00

Model: BALLANIMALOR RRP:£329.00

TOWER
5L Vortex Digital Air Fryer Black

- Digital Air Fryer
- 5L Capacity
- Rapid Air Circulation
- Non-stick Coating
- 60 Minute Timer

LESS THAN HALF PRICE

£39.00

Model: T17089 RRP:£99.00

Sonicdirect®

electrically unbeatable!

☎ 01274 575000 @ www.sonicdirect.co.uk 🏠 Ingleby Road, Bradford, BD8 9AN

Prices/offers correct at the time of going to press, subject to change & stock availability and are valid until COB 30th December 2024. Images and pictures are for illustration purposes only. E&OE. RRP refers to the typical going price and is the typical price which a product retails at (inc. VAT) taking into consideration the average price on the high street. Offers are subject to stock availability. Any promotional guarantees must be taken into account when calculating the final price. *Buy now pay later with payments deferred for up to 12 months. Simple buy now pay later finance options allow you to spread the cost of your purchase over 12 months with an agreed deferral period. Repayments start up to 12 months after signing your finance agreement. Settle your agreement within the agreed deferral period and all you pay is an early settlement fee of only £29.00. Representative Example: £500 Representative APR 19.9 APR Payments per month £18.56 Total Amount Payable £668.03. Terms & Conditions Apply. Sonic Megastore LTD are a credit broker and are Authorised and Regulated by the Financial Conduct Authority.

Loveable pooch pet helps his human to live life more independently

Cover story continued

The three-year-old disability assistance dog helps out with a range of everyday tasks, from picking up dropped items and opening doors, to loading and unloading the washing machine, getting dressed and fetching help.

“Now, if I need to reach for something, I don’t need to call for my husband,” says Rajwinder, who lives in the Hockley area of Birmingham, and has an 18-year-old daughter called Jaskiran.

“If I drop something, I can’t pick it up, especially if I’m in my electric wheelchair, which is quite high.

“But Rocky can pick things up, open

and close doors, load and unload the washing machine, take off my socks, bring my shoes to me and he can pick up his leash, collar and harness.

“I’m so proud of Rocky, and am so glad I found Support Dogs – it’s absolutely brilliant.”

The family have had Rocky as a family pet from being a pup and they applied to Support Dogs in late 2021. Following various assessments, Rocky and Rajwinder were accepted onto the charity’s training programme in October last year.

After around a year of putting into practice what they had both learned, they graduated at the end of October this year and recently attended a glitzy

awards bash.

Hardeep adds: “We are very grateful to Support Dogs. They have gone beyond expectations. Before Rocky, Rajwinder couldn’t really go anywhere on her own. Now she can go for a wander around the park or wherever. Now I’m not worried if she goes out, as she has Rocky.”

Polio symptoms include flu-like symptoms and weakened muscles, with a small percentage of people developing paralysis, and it can be life-threatening if paralysis affects muscles used for breathing.

To find out more about the work of Support Dogs, please visit <http://www.supportdogs.org.uk>

“Rocky can pick things up, open and close doors, load and unload the washing machine, take off my socks, bring my shoes to me and he can pick up his leash, collar and harness.”



Support dog Rocky provides knockout aid for polio survivor Rajwinder (Credit: Josie Hunt Photography)

Love
Handmade
Cakes



UNBOX THE MAGIC
DISCOVER OUR RANGE
OF SEASONAL TREATS TODAY

Contact our
friendly team
today to order
yours



Clementine Chocolate Cake

Indulge
in every
bite

Proudly serving coffee shops, cafes & food services since 2004

CALL NOW: 0113 289 0283

 www.lovehandmadecakes.com

 hello@lovehandmadecakes.com



DEMENTIA: Music as medication

£183k grant to investigate alternative options to treat anxiety for people of South Asian backgrounds

Researchers from Anglia Ruskin University (ARU) and a British healthtech company have been awarded £183,682 to investigate how AI technology and music can ease anxiety amongst people of South Asian backgrounds who are living with dementia.

Healthtech company, MediMusic, has pioneered technology that digitally fingerprints music to develop relaxing playlists to help ease pain, anxiety and

stress.

After first expanding the libraries of Indian and Pakistani music on MediMusic, the researchers explore how a machine learning-based music recommendation app can be used as a form of therapy to support Indian and Pakistani people with dementia, as well as their professional carers.

This new project, which is funded by Innovate UK, part of UK Research and Innovation, is believed to be the

- We buy and sell all types of gold
- Specialists in 22k and 24k gold
- Birth stones
- Part exchange
- Sterling silver jewellery
- Piercings
- Valuations
- Repairs and Polishing

*Wishing everybody a
Merry Christmas
& Happy New Year*



THE
JEWEL BOX
— Jewellers —



M: 07866 995 555 T: 0113 240 2169

E: thejewelboxjewellers@yahoo.co.uk 48 Harehills Road, Leeds, LS8 5PB

first time music therapy research has been carried out specifically involving people of South Asian backgrounds living in the UK.

The algorithms extract the relevant features from the digital DNA of a piece of music, resulting in a "fingerprint" for healthcare use.

MediMusic works with the patient's age, gender, nationality, and ethnicity, and then in seconds compiles a 20-minute playlist of music to influence multiple areas of the human brain to help reduce anxiety and pain.

The playlists can be listened to on a streaming device, called the MediBeat, using a pair of headphones, or on other devices such as smartphones.

Initial clinical trials at Lancashire Teaching Hospitals NHS Foundation

Trust found the use of MediMusic saw a reduction in heart rate in patients living with dementia by up to 25%.

The Cambridge Institute for Music Therapy Research at Anglia Ruskin University has a team of 30 researchers, including PhD students, and is one of the largest and most influential research units of its kind in the world.

Gary Jones, CEO and co-founder of MediMusic and a former music industry executive, developed the technology after trying to help the mother of a family friend who was living with dementia.

He said: "This is fantastic news for our team and our global mission to use music as medication to ease pain, anxiety and stress.

"The transformative power of music to make us feel more relaxed and healthier

is truly extraordinary. Our initial clinical trials have yielded highly promising results, signalling a groundbreaking future in patient treatment.

"The potential to dispense music as a therapeutic intervention could revolutionise the care of people grappling with pain and anxiety, including for people in care homes and patients in hospital.

"We believe we will eventually see music prescribed on the NHS. Musical medicine would help the NHS save money on costly medications treating anxiety and stress."



CEO of MediMusic, Gary Jones, is a former music industry executive

"The transformative power of music to make us feel more relaxed and healthier is truly extraordinary. Our initial clinical trials have yielded highly promising results, signalling a groundbreaking future in patient treatment."

AAGRAR®
MIDPOINT
BRUNCH BAZAAR
 EVERY
SATURDAY, SUNDAY
 AND BANK HOLIDAYS
10AM TILL 2:30PM

Advice for new parents who could get their first payment before Christmas

To get started, parents will need to create an online account for HMRC services. To make a claim, families will need:

- **Child's birth or adoption certificate**
- **Bank details**
- **National Insurance number for themselves and their partner, if they have one**
- **Child's original birth or adoption certificate and passport or travel document, for children born outside the UK**

Get your Child Benefit claim wrapped up

HM Revenue and Customs (HMRC) reveals more than one million families have claimed Child Benefit using the new digital service launched earlier this year. New parents are reminded if they claim online or through the HMRC app, they could get their payment in time for their baby's first Christmas.

Child Benefit is worth £1,331 a year for the first child and £881 a year for each additional child. It can be claimed online at GOV.UK or via the HMRC app just 48 hours after registering a baby's birth and

parents typically receive their first payment within 3 working days.

Parents are opting to claim for Child Benefit digitally because it is quick and simple to do. Latest figures show 87% of new claims each month are via the app or online – ensuring more parents are getting their cash quicker.

Downloading the free HMRC app makes managing claims even easier too.

Families can use the app to track payments and update their details on the go – from changing their address or bank details, to seeing

when their next payment is landing.

Myrtle Lloyd, HMRC's Director General for Customer Services, said: "Having a baby is a busy and expensive time but claiming Child Benefit online or via the app means you'll get cash in your bank account as soon as possible. Claim now and you could get your first payment in time for your baby's first Christmas. Download the HMRC app today."

Claims can be backdated by up to 12 weeks, so the sooner families claim, the better. Child Benefit is typically paid every 4 weeks.

There's more to Child Benefit than just payments though, as claimants receive National Insurance (NI) credits which count toward their future eligibility for the State Pension. This can help people who are not in paid employment and not receiving NI credits through their employer or other routes, such as Universal Credit.

Claiming Child Benefit also makes sure the child automatically gets their National Insurance number when they turn 16.

Visit: www.gov.uk/child-benefit/how-to-claim for more information.





Traditional

trusted

TRUE TASTE

NO COMPROMISE ON QUALITY



Pre-cooked



Classic



Premium



**Chicken
Shawarma**

Turka Doner

**40 YEARS OF EXPERIENCE IN CREATING
THE FINEST QUALITY PRODUCTS**

**TO FIND YOUR NEAREST TURKA DONER
AGENT CALL: 0113 285 2331**

www.turkadoner.co.uk

**Unit 3B, Cockersdale Works,
Whitehall Road,
Drighlington, BD11 1NQ
Tel: 0113 285 2331**



Criminology expert comments on government's plans to open 14,000 more prison places

Dr Nasrul Ismail, Senior Lecturer in Criminology at the University of Bristol, is a leading expert and researcher on prisons.

Talking about the government's plans to open 14,000 more prison places, and whether this still won't be enough to meet demand over the next few years, he said: "Building more prisons are both financially unsustainable and ineffective approaches to alleviating the overcrowding issue that has persisted for over

three decades.

"Discussions on overcrowding must account for restrictive sentencing practices. Current sentencing guidelines often compel judges to impose custodial sentences, even when alternatives may be more appropriate.

"Moreover, the probation system, weakened by austerity, lacks the capacity to support large-scale prisoner releases, exacerbating strain on prisons.

"Discussions on prison expansion must consider the continual recruitment and retention challenges faced by prison officers. These shortages stem from austerity-driven workforce reductions in 2012 and continue to undermine prison safety and operations. Despite a 2% improvement in recruitment reported by HMPPS, over 3,000 officers had left the service by late 2024, with 34% departing within their first year.

"Rather than expanding prison capacity, the government should reduce its reliance on prisons and adopt alternative sentencing by using community sanctions for non-violent offenders, divert individuals with acute mental health or substance-use issues to treatment facilities, invest in community resources to ensure availability of alternatives to imprisonment, and prioritise early intervention programmes to reduce imprisonment."



A whole host of new names are joining the line-up at Trinity Leeds as the festive season gets in full swing.

Popular boba tea brand CUPP has announced it will open a permanent store at the shopping centre on Friday, December 13th, with special launch offers including 100 free drinks for the first 100 customers, 50% off for the rest of the day, and 50% off for the whole weekend for those who scan the QR code on the current hoarding.

The news comes hot on the heels of Søstre Grene's announcement that the popular Danish homeware brand will launch a new site at Trinity Leeds in the new year.

Meanwhile, new pop-ups at Trinity Leeds include fragrance house Sunnamusk, Calendar Club,

New names announced at Trinity Leeds

Damaged Society's Christmas Outlet and The Pop-Up Club, which champions small independent businesses, showcasing work by 30 traders from illustrators and jewellery designers to Leeds-based printmakers.

The Perfume Shop has also relocated to the main atrium, whilst Hotel Chocolat has extended its offering to include bakery items.

Earlier this year, the shopping centre welcomed a flagship Zara store, as well as Nike: Rise, Jack & Jones, Knoop's, Five Guys and Honi Poke, followed by Glass Onion and ThatZiki, plus new looks for River Island and Costa which both

"It's been a bumper year for new openings at Trinity Leeds, from sustainable clothing stores and hot chocolate cafés to big high street brands and everything in-between."

underwent refurbishment.

Steven Foster, Centre Director at Trinity Leeds, said: "It's been a bumper year for new openings at Trinity Leeds, from sustainable clothing stores and hot chocolate cafés to big high street brands and

everything in-between.

"We're always working hard to welcome new brands and diversify the line-up to make sure we're offering the choice and brands that guests want to see, all set within a convenient city centre location.

"These exciting new pop-ups and permanent retailers will bring even more choice in the run-up to Christmas and beyond, and there's more still to come in 2025 – just watch this space!"

In the lead-up to Christmas, Trinity Leeds will host Christmas Craft Clubs, giving guests the chance to create their own festive tree, robin baubles, and get involved with sticker crafts. Trinity Leeds' Craft Clubs will be held outside Primark and H&M on December 7th, 8th, 14th and 15th.

Gift wrapping services are also available at Guest Services from December 10th to 24th.



SEKHON GROUP OF COMPANIES





WE SHOW YOU THE RIGHT WAY!

DO YOU NEED A VISIT VISA?

USA, UK, Australia, Canada, Schengen countries & Japan

CALL OUR EXPERTS TO GET FREE ADVICE AND TRUST OUR PROFESSIONAL TEAM WITH YEARS OF EXPERIENCE.

EXPERT GUIDANCE FOR A SEAMLESS EXPERIENCE

TOURISTA CONSULTANT



+92-41-5385545



+92-3210097861



info@touristaconsultant.com



www.touristaconsultant.com



+447969914041



Hassan Commercial Market,
Kashmir Bridge, Canal Road,
Faisalabad, Pakistan



AMERICA



FRANCE



AUSTRALIA



JAPAN



CANADA



Tourista Consultant



tourista_consultant



@TouristaConusltant

Strengthen efforts to tackle youth offending, gangs and knife crime

UK charity, Muslim Aid, has announced a significant increase in its aid activities within the UK for 2024, with a strong focus on addressing pressing social issues such as homelessness, knife crime, and refugee support.

To amplify its efforts in tackling youth offending, Muslim Aid is proud to announce the appointment of professional boxer Hamza Uddin as the charity's new Brand Ambassador and partnership with Inspired Capital Sports - ICS.

Hamza Uddin, a rising star in the boxing world, brings not only his athletic prowess but also a personal commitment to making a positive difference in the community. As a National Champion and International Gold medallist, Uddin is an inspiring figure, particularly for young people, and will work with Muslim Aid to raise awareness around knife crime and provide positive alternatives for youth at risk of violence.

Riz Khan, founder & CEO of Inspired Capital Sport stated: "Muslim Aid and Inspire Capital Sports have partnered to drive meaningful change through sports and education. The partnership focuses on creating opportunities for underserved communities through bursaries, helping individuals achieve their potential. Additionally, the initiative supports professional athletes by offering sponsorship and brand ambassador programs, ensuring they thrive in their careers and contribute to positive community development."

Hamza Uddin will be working with community groups, schools, and local authorities across the UK to promote programs that offer mentorship, sports opportunities, and guidance for at-risk youth. The partnership aims to channel the power of sport and positive role models to help combat the rise in gang & knife-related violence, particularly in urban areas.

Hamza Uddin shared his enthusiasm

for the role: "I'm honoured to partner with Muslim Aid and support their incredible work in tackling knife crime. Growing up, I saw firsthand how important it is to have the right support and positive influences. Boxing taught me discipline, respect, and the value of hard work. I hope to inspire young people to choose a different path, and with Muslim Aid, we can help make our streets safer."

Muslim Aid's successful expansion of activities and projects in the UK also includes working with key partners in collaboration such as local authorities, MPs, other faith organisations, The Felix Project, Help the Homeless Leicester, Breaking the Cycle, and the NHS, along with numerous community-led programs.

The charity has already committed substantial funding towards projects that will benefit thousands of individuals in need across the UK, including street homeless, families affected by the cost-of-living crisis, refugees & asylum

seekers, and those impacted by the rise in knife crime.

Khalid Javid, CEO of Muslim Aid, commented: "We are incredibly excited to welcome Hamza Uddin as our Brand Ambassador in this critical effort to tackle knife crime in the UK. Hamza's dedication both in and outside the ring makes him an exemplary role model for young people. By joining forces with him, we want to make individuals aware there are alternatives to violence, and through the right guidance and support, we can build stronger, safer communities."

Muslim Aid's UK aid strategy reflects a growing need for home-based support, with more vulnerable groups requiring assistance due to economic challenges, housing instability, and rising crime rates. The charity is committed to addressing these issues through collaborative efforts with local organisations and spearheading grassroots initiatives.



FLY ME HIGH

www.flymehigh.co.uk

Book Now

FREE HOTEL STAY
in Dubai, Istanbul, Doha or Abu-Dhabi when you book a long stopover with us on participating airlines. Qatar Airways, Emirates, Etihad & Turkish Airlines.



“Rani Scholarship has been life changing”, says University of Bradford student

Chancellor Anita Rani met with two of the four students who are being helped by the Rani Scholarship during Graduation Week.

The Bradford-born broadcaster returned to her home city to attend ceremonies as more than 2,000 students graduated.

The Rani Scholarship, supported by TechnologyOne, launched in January. It will support four female students each year, who are facing disadvantage, to study and succeed at university in subjects and industries where they are most underrepresented. Four scholarships were awarded earlier this year and the first students enrolled on courses in September.

Anita took time out to meet two of them during her visit: Anum, who has enrolled on a BSc in Computer Science and Aqsa,

who has enrolled on a BEng Mechanical Engineering (Hons).

Anum, who is the first in her family to attend university, said: “This scholarship has been life changing. With it, I am able to cover a significant portion of my university fees. This allows me to focus on my studies without the constant worry of how I will afford tuition. Additionally, my part-time job helps me cover other expenses, so I am able to dedicate myself to succeeding academically.”

Anum said that due to unforeseen circumstances, her student loan application was denied.

She added: “I knew that I needed financial assistance to pursue my education, so I applied for the Rani Scholarship. It gave me hope when I felt like I had no other options left.”

“I am incredibly grateful to the donor of the Rani Scholarship. This scholarship has been nothing short of a miracle for me and my family.”

“It has allowed me to pursue a dream that I’ve had since I was young, and I cannot express how thankful I am for the support. Your generosity is making a real difference in my life and helping me work toward a brighter future. Thank you for believing in me.”

Speaking previously about the scholarship, Anita said: “Each scholarship will change the trajectory of each woman’s life. This is about opportunity; it’s about giving women from disadvantaged backgrounds a chance they otherwise might not have had.”

Asian Express Newspaper

GOT A STORY?

Email: editor@asianexpress.co.uk

Phone the news desk on

08703 608 606





THE UK'S NO.1 TURKISH STEAKHOUSE

NEW SUNDAY ROAST

★ ★ ★ ★ ★

“EVERY WEEK WE’RE AT ETCI, THEIR SUNDAY ROAST IS DEFINITELY THE BEST IN YORKSHIRE, MY WHOLE FAMILY LOVES IT. HIGHLY RECOMMEND!”

- ADAM, CUSTOMER REVIEW

WINNERS CULINARY EXCELLENCE AWARD FOR TURKISH INSPIRED CUISINE 2024

UNIT 1, 3 EASTGATE, LEEDS LS2 7LY

RESERVE YOUR TABLE
WWW.ETCIMEHMET.CO.UK/BOOK
 0161 228 3158



MANCHESTER | BIRMINGHAM | LIVERPOOL | LEEDS | CASABLANCA | DOHA | ISTANBUL

Sikh soldier statue a beacon of diversity

A statue of a Sikh soldier unveiled in a West Yorkshire park commemorate the thousands of Sikhs who fought and died in WWI and WWII.

The stunning six-foot-high bronze soldier was revealed at Greenhead Park in Huddersfield.

The Sikh Soldier Organisation (SSO) with the support of the Army, the Royal British Legion and Kirklees Council commissioned the sculpture.

Costing £65,000 and taking almost ten years and over 500 meetings to eventuate, it was one man's vision to install some background of the sacrifices Indian soldiers made during World War I and World War II.

The journey began over a decade ago when Kalvinder Bhullar who would regularly attend Remembrance Day ceremonies to honour his grandfather's contribution to the World War.

Mr Bhullar says: "When attending the ceremonies, people would often give me sideways glances. Many times I was asked what I was doing there.

"I felt a monument in Yorkshire for our fallen brothers would assist people to understand that Indian troops gave their lives by fighting alongside British soldiers during the world wars."

Then began his journey to install a public monument to honour

fallen Sikh soldiers.

"We've accomplished our mission to get the statue put in place. The support has been overwhelming.

"It is a stunning sculpture and an emotional piece.

"This statue not only signifies the sacrifices that Sikh soldiers made, but also those made by Muslim and Hindu soldiers too."

More than 89,000 Muslim and 83,000 Sikhs were killed and many more wounded during World War One and World War Two. In total, almost 1.5 million Muslim, Sikh and Hindu men from India volunteered to assist the Allied forces.

"Now on your leisurely walk through Greenhead Park, you may come across a six-foot statue of a Sikh soldier, and you may be wondering what this is doing in the centre of Huddersfield," he adds.

The £65,000 statue has been made possible only because of donations from public, and Mr Bhullar says that Huddersfield was chosen to display the monumental statue due to its "vibrant" Sikh community.

In the two World Wars Sikhs played prominent roles in the conflicts. The closest estimates report that 83,005 Sikhs gave their lives in the battlefields of the two World Wars, with 109,045 wounded in battle across the world.



KINGSMAN
SOLICITORS

BEEN ARRESTED OR UNDER INVESTIGATION?
CALL THE EXPERTS...

We provide expert legal representation in serious and complex criminal cases nationwide, including:

- Murder/Homicide
- Drugs Conspiracies
- Firearms Offences
- Serious Violence
- Serious Sexual Offences
- High Value Fraud/Dishonesty
- Money Laundering

87 Manningham Lane | Bradford | BD1 3BN
mail@kingsmansolicitors.com | 01274 77 88 11
www.kingsmansolicitors.com



**Criminal
Litigation**

Authorised & Regulated by the Solicitors Regulation Authority



JABRAN HUSSAIN
Serious & Complex Crime Lawyer



it
starts
here

BRADFORD 2025

UK City of Culture

→ #Bradford2025
→ bradford2025.co.uk



Dancing away the pain

Honorary degree for choreographer Ria who's faced incurable chronic health conditions

A multi-skilled and multi-award winning artist and cultural entrepreneur is to be awarded an honorary degree for her outstanding contributions to the cultural industries.

Ria Meera Munshi, a Salford alumna, will receive a Doctor of Arts from the University of Salford in recognition of her numerous achievements as a dancer, choreographer, writer, director, speaker, actor, model, presenter and businesswoman, all whilst facing multiple strenuous health conditions.

The BA Performance graduate, 35, has built a remarkable career all whilst facing the significant challenge of performing and teaching whilst being diagnosed with Raynaud's syndrome, mixed connective tissue disease and systemic lupus erythematosus.

The latter was diagnosed only last year and is a long-term condition that causes joint pain, skin rashes and tiredness with no cure available.

Coupled with the other autoimmune and rheumatic conditions which affect's Ria's blood flow and cause serious tiredness, it extenuates her career successes as a

performer, first and foremost.

A trained Bharatnatyam dancer, Ria is the holder of a Bollywood Guinness World Record, has worked as a celebrity choreographer for Hollyoaks, featured on Coronation Street as Dr Chatterjee and also performed as the lead in a British Airways India Commercial.

of my potential that I would be making myself better.

"I get so much joy seeing someone smile whilst watching me dance and its motivated me to bring more smiles, kindness and love to all through dance, and the arts. I want my work to be magical, colourful and inspirational to others.

"I get so much joy seeing someone smile whilst watching me dance and its motivated me to bring more smiles, kindness and love to all through dance, and the arts."

Ria said: "I really believe that by throwing myself into my work, I have been able to fight these conditions and have also allowed my body to heal.

"Since the age of 14, I have faced these long-term chronic conditions but faced every day with the resolve that by performing and working to the fullest

"Every day, I ask myself the question 'have I made someone feel positive, have I introduced them to a new feeling, a new culture, a new dance move, did I make them smile?' That's been my focus every day and that's got me through it despite the fact my body was dealing with all these conditions at once."

Ria's further accolades include co-presenting at the Manchester Cultural Awards, being a guest speaker for the Department for Education and her work with educational, disadvantaged and under-represented groups which led to her receiving the Young Entrepreneur of the Year Award and a Certificate of Recognition from the British Citizen Award.

Her relationship with the University of Salford has remained strongly intact since graduation with Ria dedicating much of her time over the last 14 years to supporting and taking part in a wide range of University projects.

On receiving the news that that she would be receiving an honorary degree, Ria said: "I was quite speechless just thinking about it. It felt very surreal!

"For any student, I feel that they should always do what they can to keep the relationship going after graduating and I am very grateful to have met so many beautiful people and have hopefully inspired and enriched other people's lives. They have also equally been as inspiring to me."



PRINCE
CARPETS & FLOORING

CALL TODAY FOR A FAST AND FREE QUOTE ON ALL YOUR FLOORING NEEDS

 princecarpets

127 Princeville Street, Bradford, West Yorkshire, BD7 2AW

01274 921434

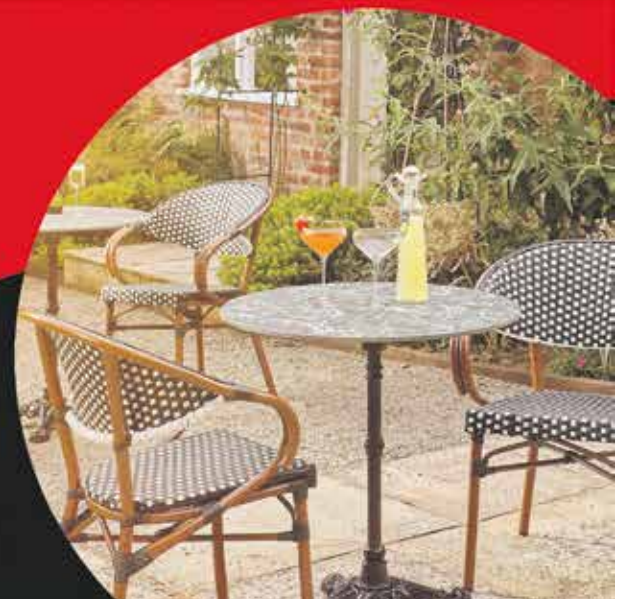
www.prince-carpets.co.uk

 **TablesandTops**

**CONTRACT FURNITURE SPECIALISTS
FOR ALL INDUSTRIES**

Unit 1-2 Jinnah Court, Filey Street, Bradford, BD1 5LQ

Tel: 01274 507442 Web: www.tablesandtops.com





UK ranks 4th on 'Winter Depression' list

Healthnews has released an extensive study that ranks 194 countries based on their winter-pattern Seasonal Depression Disorder (SAD) risk.

SAD begins in late autumn and continues through winter. Google Trends data from the past decade show that searches for "SAD" peak globally each November, highlighting significant public interest and the optimal timing for articles on this topic.

Their report, prepared by a specialist with a life sciences background and peer-reviewed by a psychology expert from our internal research team, uses carefully selected metrics based on reliable

medical and scientific sources (encompassing all known risk factors), resulting in findings that are closer to reality compared to similar reports.

Ranked fourth, the United Kingdom scores 64.6 on the Winter-pattern SAD Index.

Its high latitude rank of 12th globally contributes to reduced sunlight exposure during winter.

The country is sixth worldwide for bipolar disorder and is among the top 50 for depressive disorder prevalence.

Additionally, according to Google Trends analysis, the UK has ranked third in Google search volume for the term "SAD" over the past five years.



GOT A STORY?

Email: editor@asianexpress.co.uk
Phone the news desk on

08703 608 606



ALSYED PHARMACY



Telephone 0113 248 4107

Est. 2023



FREE PRESCRIPTION COLLECTION AND DELIVERY SERVICE

Our services include:

- ✓ Pharmacy First and minor ailment service
- ✓ Supervised consumption
- ✓ Flu vaccinations
- ✓ Free Dosette boxes
- ✓ Various healthcare products
- ✓ Emergency contraception

- FREE**
- Monitored Dosage Systems
 - Medicine Management
 - Diabetes Testing
 - Blood Pressure Checks

35 Harehills Road, Leeds LS8 5HR
230 York Road, Leeds, LS9 9BP
Leeds Delivery Pharmacy:
56 Harehills Lane, Leeds, LS8 4HF

For help and advice on any of our services please call Sajid on **0113 248 4107**



BRINGING JOY
TO tables

NOW AVAILABLE
HASH BROWN
'TATER TOT'
BITES

NEW

UK'S BEST TASTING HASH BROWNS*

AS TESTED BY GOOD HOUSEKEEPING 2020 AND INDEPENDENT RESEARCH

Available from



ADAMS
FOODSERVICE

BIRMINGHAM | HULL | BRADFORD | LIVERPOOL | LEEDS | PRESTON | NOTTINGHAM | SHEFFIELD

GET IN TOUCH
0333 880 1569



Download our app



PERFECT FOR FAST FOOD RESTAURANTS

Available from



ADAMS
FOODSERVICE

BERMINGHAM | HULL | BRADFORD | LIVERPOOL | LEEDS | PRESTON | NOTTINGHAM | SHEFFIELD

GET IN TOUCH
0333 880 1569



Download our app

SCENT SALIM

FINE ARABIAN SCENTS

UK'S NO1
PERFUMERY
AND OUD
SPECIALIST



Imagine over 1,000 scents with inspiration and ingredients taken from traditional Arabian sources and blended in a way that combines East and West.



- This Years Top Sellers**
1. Tropical Rouge 48
 2. Salim Oud
 3. Incense
 4. Pearl
 5. Exotic Oud

Scent Salim™ est 2010.
HQ- Main Store, Clock buildings,
Roundhay Road, Leeds LS8 2SH
E:mail: sales@scentsalim.com
Web: www.scentsalim.com
Follow us: TikTok / Facebook /
Instagram / Snapchat /YouTube

Also visit us - Leeds Road, Bradford, BD3 9LY.
Cheetamhill, Manchester, M8 5EL. Batley Plaza, WF17 5DR



Experience the Arabian and western scent fusion
www.scentsalim.com

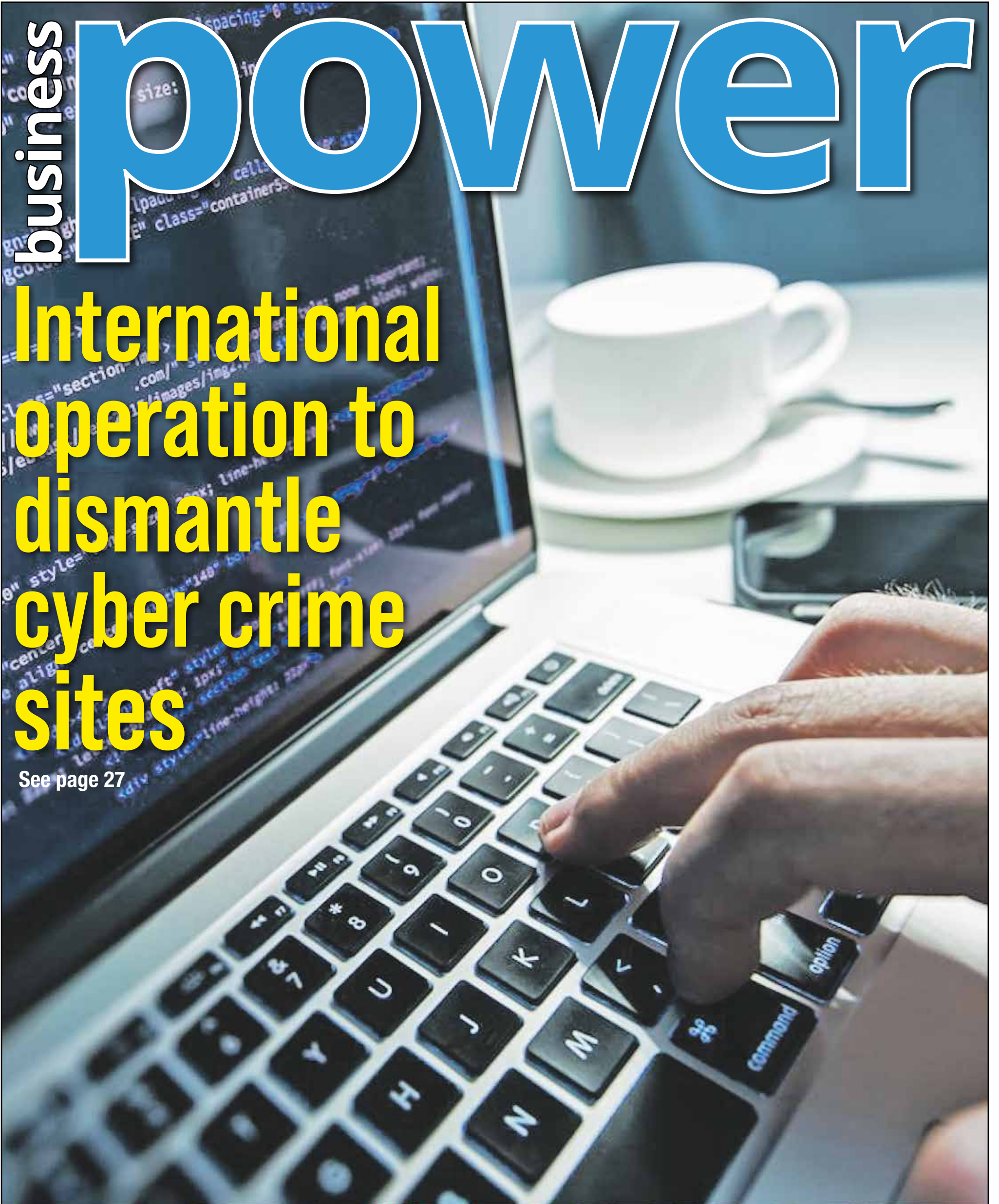


business

power

International operation to dismantle cyber crime sites

See page 27



business power

Where Is The Boundary Line?

Boundary disputes are often costly, time consuming and, typically, bitterly fought by the parties involved. The High Court case of *Charton and Another v Forrest and Others* provides useful guidance on the role of expert evidence in such disputes.

The case concerned the boundary between two plots of land on which there had previously been a row of trees that had divided the properties from each plot. The Defendants cut down the trees. The Claimants believed that the trees had been in joint ownership by the parties and that their removal without the Claimants' consent constituted a trespass and, further, the Defendants were now encroaching onto their land. The Defendants argued that the trees were wholly on their land.

Normally, when determining the boundary between two plots of land, it is necessary to look at the conveyance documents but, in this case, those had been lost. The Land Registry plans were of little use due to the "General Boundaries Rule" which meant that the plans were for identification purposes only and not to be relied upon as determining the boundary. As a result, it was necessary to look at the evidence of any geographical features marking the properties between the boundaries

which had existed at the time of the conveyance when the land was divided into two parcels. Both parties obtained expert surveying evidence. The surveyors eventually agreed that the position of the boundary was along the line contended by the Defendants, the Claimants' expert having subsequently changed his mind.

The Judge, however, held that he was not bound to come to the same conclusion as the experts as he said that their views as to where the boundary lay was not "admissible expert opinion" but instead the ultimate question of where the boundary lay, was one of fact for the Court. While the experts' reports were helpful in gathering together the various types of evidence, such as ordnance survey plans, plans annexed to conveyances and historical photographic evidence, ultimately it was for the Court to determine where the boundary lay.

In this case, and having regard to the topographic features, the Judge found that the key feature in establishing the boundary line was a line of trees which could be seen in aerial photographs dating back to 1945. Although the photographs showed that, over time, vegetation had grown over the land and there were other topographical variations, the main tree line shown in the photographs had remained. The Judge therefore determined that the boundary line was at the location claimed by the Defendants (which was supported by both experts). Accordingly, the Claimants' claim for trespass was dismissed.

This case illustrates that whilst expert evidence is useful in boundary disputes to the extent that it identifies and provides relevant evidence to the Court, the conclusions reached by surveyors is not admissible expert opinion and instead, the question of where a boundary line lies is a question of fact for the Court alone to determine.

If you are involved in any boundary or property dispute, then the Real Estate Litigation Department at Blacks can assist. Please contact Luke Patel on 0113 2279316 "L.Patel@LawBlacks.com".



Please contact Luke Patel
on 0113 227 9316
or by email at
L.Patel@lawblacks.com

BLACKS
SOLICITORS

Smelling of success? Survey reveals how your scent can impact job interview outcomes

A new survey of 1,500 business owners conducted by the team at Liquid London has revealed that the scent you wear to a job interview could influence whether you land the job.

In a competitive market where first impressions matter more than ever, this research sheds light on an unexpected factor that could make or break your chances of success.

The survey found that 65% of business owners admit they are influenced by the fragrance of a candidate, with certain scents leaving a lasting positive impression.

In contrast, overpowering or unpleasant aromas can leave hiring managers hesitant, with 42% saying a "poor scent choice" would negatively affect their perception of a candidate.

"While it might seem surprising, scent is an integral part of first impressions," explains a spokesperson from Liquid London.

"It contributes to the overall perception of professionalism, attention to detail, and even cultural fit. Subtle, universally appealing scents can reinforce a candidate's confidence, while overwhelming fragrances

or poor hygiene may send the wrong message."

For job seekers preparing for their next interview, the message is clear: Your scent can speak volumes before you say a word.

The Top Scents for Success

• When asked about their preferences, the survey revealed:

- Fresh, clean fragrances (e.g., citrus or light floral) were favoured by 57%, associated with professionalism and confidence.
- Subtle woody or musky scents were preferred by 29%, signalling warmth and reliability.
- Fragrance-free candidates were deemed neutral by 14%, but some employers felt this lacked personality.

Scent Mistakes to Avoid

- Overpowering perfumes: Described as "distracting" or "off-putting" by nearly half of respondents.
- Unusual or niche scents: Viewed as a risk that might not resonate with everyone.
- Lack of attention to personal hygiene: Universally agreed as a deal-breaker.

business power



International operation to dismantle cyber crime sites

The National Crime Agency has participated in a global operation to degrade some of the most popular services used by cyber criminals to carry out cyber attacks that affect public services and cripple businesses in the UK.

Distributed Denial of Service (DDoS) attacks, which are illegal in the UK under the Computer Misuse Act 1990, enable cyber criminals to flood targets with illegal traffic, rendering websites inaccessible and causing significant harm to businesses and critical national infrastructure - often preventing people from accessing essential public services.

“Operation Power OFF helps to undermine trust in this criminal marketplace and make cyber criminals think twice before unleashing DDoS attacks, which can have serious consequences.”

DDoS-for-hire or ‘booter’ and ‘stresser’ site services provide a one stop shop for offenders to easily order DDoS attacks within a matter of minutes. Operation Power OFF, Europol-coordinated action with the NCA and partners across 15 countries, resulted in the arrest of three website administrators in France and Germany and the seizure of 27 DDoS-for-hire platforms, including zdstresser.net, orbitalstress.net, and starkstresser.net.

The NCA and policing partners have compiled large amounts of evidence relating to users of these platforms and officers will be targeting those based in the UK. Depending on the level of offending, users will be arrested or warned about engaging in cyber-crime and information relating to those based overseas will be passed to

international law enforcement.

As part of the joint action, the NCA has also today launched a Google ads campaign in the UK. These ads will reach thousands of people and include targeted messaging aimed at young people searching for DDoS-for-hire tools on Google, warning them not to use these services.

Frank Tutty, from the NCA’s National Cyber Crime Unit, said: “DDoS-for-hire services are a key component of cyber crime, and enable individuals with limited technical capability to offend with ease due to their ease of access and perceived anonymity.

“Operation Power OFF helps to undermine

trust in this criminal marketplace and make cyber criminals think twice before unleashing DDoS attacks, which can have serious consequences.

“We know that Booter services are an attractive entry-level cyber crime, and users can go on to even more serious offending. Therefore, tackling this threat doesn’t just involve arresting offenders, it includes steering people away from straying into cyber crime and helping them make the right cyber choices.

“This is why our Google ad campaign is such a crucial part of this overarching operation, preventing would-be offenders from engaging with them in the first place, in tandem with enforcement action undertaken by law enforcement partners around the world.”



100% PURE VEGETABLE OIL



10 Litres



5 Litres



2 Litres



1 Litre



BECOME A DISTRIBUTOR | CONTACT | enquiries@lioncrown.co.uk | [0121 3592199](tel:01213592199) |  Lioncrown Wholesale Limited, Upper Thomas Street, Aston, Birmingham B6 5AD



...life & style

Fortnite to refund millions

What parents in the UK need to know

Gaming expert Adam Jones from Host Havoc weighs in on epic games' settlement

Epic Games, the developer of the globally popular game Fortnite, is set to refund millions of pounds to parents following a legal settlement.

This stems from concerns over in-game purchases made by children without parental consent and inadequate safeguards to prevent such transactions.

This landmark settlement offers affected families an opportunity to reclaim lost funds. According to Adam Jones, a gaming expert at Host Havoc, this is a vital moment for

parents to reassess their children's gaming habits and protect their finances.

The settlement brings attention to the growing risks in "freemium" games, where purchases are heavily integrated into gameplay.

Adam Jones' Gaming expert from Host Havoc says: "This settlement highlights a crucial issue: gaming companies must prioritise consumer protection. Families shouldn't have to shoulder unexpected financial burdens due to unintentional or deceptive purchases.

"I urge parents to use this opportunity to learn more about parental controls and educate their children about the value of money in digital spaces. Responsible gaming starts with awareness and proactive measures."

Families who experienced unauthorised charges by minors, are eligible for the refunds, as are individuals who reported fraudulent transactions but were denied refunds. This also includes players who felt "tricked" into making purchases due to unclear or misleading practices.

Key Takeaways for Parents in the UK

Refund Details: Epic Games will refund families for unauthorised in-game purchases. Refund eligibility requires proof of unauthorised spending, with claims reviewed on a case-by-case basis.

How to Claim

Parents can file claims directly on the official Fortnite refund portal: <https://www.fortniterefund.com/file-a-claim?portalid=0>. Clear guidance on documentation required and deadlines for claims is available on the portal.

Tips for parents to prevent future issues

- Enable Parental Controls: Platforms like Fortnite allow parents to limit in-game purchases or disable them entirely.
- Monitor Accounts Regularly: Keep an eye on linked payment methods and gaming activity.
- Discuss Responsible Gaming: Help children understand the real-world impact of in-game purchases.



Expert answers the most searched Zakat questions

Zakat is a key part of the Islamic faith, however, some people may have questions on the topic.

With 8.2K monthly searches for 'Zakat', UK charity National Zakat Foundation (NZF) has conducted research to find some of the most searched questions around Zakat, which have been answered by their CEO Dr Sohail Hanif.

What is Zakat?

"Zakat is the third pillar of Islam and a key part of the Islamic socio-economic system. It is a mandatory annual payment made by Muslims to give 2.5% of their surplus wealth to support the underprivileged in society.

By giving part of their wealth as Zakat, Muslims perform a religious duty, cleansing their wealth in the eyes of God, and helping to uplift the faith and standard of life of the entire Muslim community."

How to calculate Zakat?

"To calculate your Zakat, you must first work out the value of your net assets. Then take off what you owe before checking if your assets are equal to, or exceed, the Nisab value. You then work out 2.5% to get your Zakat amount.

There are handy Zakat calculator tools that you can use to calculate the amount of Zakat you need to pay."



Who is eligible for Zakat?

“Islamic teachings outline eight specific categories of people who are eligible to receive Zakat. These include the poor, the needy, those employed to collect and administrate Zakat, those reconciling hearts, those freeing slaves, those in debt, for the cause of Allah, and the stranded traveller.”

Who is not eligible for Zakat?

“The recipient must not belong to your immediate family including your spouse, children, parents and grandparents. However, other relatives can receive your Zakat if they are eligible to take Zakat.

Zakat also can't be given to the rich, unless they are among the workers of Zakat, non-Muslims or the family of the Prophet (peace be upon him).”

Why is Zakat important?

“Zakat is a fundamental pillar of Islam. Therefore, it is an important duty to incorporate into the purpose of the everyday life of a Muslim, along with the other sacred pillars.

Zakat aims to purify the wealth of a Muslim, help to ensure the re-distribution of wealth, relieve suffering and strengthen the Muslim community.”

Difference between Zakat and Sadaqah?

“While both Zakat and Sadaqah involve Islamic charitable giving, they are different in their own respects, with all actions of righteousness in Islam being considered as Sadaqah.

Zakat is obligatory upon every Muslim, whereas Sadaqah is an encouraged,

voluntary deed. Zakat is to be paid once a year, while Sadaqah can be performed at any time. Zakat is also a fixed amount, however, with Sadaqah, a Muslim can donate as much or as little as they wish.”

When is Zakat due?

“The moment your wealth equals or surpasses Nisab, that will initiate a new year for Zakat. You will then see a year after this new date whether your wealth equals or surpasses the Nisab.

Zakat can be pre-paid before your Zakat anniversary, however, if you do pay early, you still need to work out your Zakat due on your Zakat anniversary to ensure you've paid the right amount. Some people choose to pay their Zakat during Ramadan, although this is not necessary and can be paid all year round.”

Can Zakat be given to non-Muslims?

“Most scholars agree that Zakat is to be paid and received by Muslims only. However, these rules are not restricted to other acts of charity to help non-Muslims in need such as Sadaqah which can be given to anyone.”

What is Nisab of Zakat?

“The Nisab is the minimum amount of wealth a Muslim must possess before they become eligible to pay Zakat. This amount is often referred to as the Nisab threshold.

Gold and silver are the two values used to calculate the Nisab threshold, however, as silver or gold is not used as a monetary exchange in today's day and age, you need to find out the equivalent of the rates in your local currency when calculating your Zakat. This can be done by checking the market rate of gold and silver.”

Who has to give Zakat?

“Anyone who's a sane, adult Muslim is expected to give Zakat if they have the minimum amount of wealth.”

NHS ROUNDHAY pharmacy

Prescriptions

We dispense NHS & Private prescriptions.
Repeat Prescription & EPS Nomination.
Free prescription collection and delivery service.



Travel Health and advice

We provide a full range of services from travel health advice and tips, to travel vaccinations. We also specialise in Malaria advice and prevention medication as well as Hajj and Umrah pre-travel advice and vaccinations

FREE*
Flu
Vaccinations

FREE*
Blood
Pressure
Checks
(over 40's only)

* Blood pressure checks and Flu vaccinations are NHS services

Our pharmacy is well equipped to provide health care services with a specially designed consultation room and highly trained staff. This means you can enjoy quality health services in a comfortable and private environment.

To book an appointment please call

0113 2490 557

211 Roundhay Road, Harehills, Leeds, LS8 4HS

Opening Hours: Mon – Fri: 9am - 6pm. Sat: 9am - 1pm. Sun: Closed
email: roundhay.pharmacy@nhs.net



UNBEATABLE PRICE
Quality Traybakes
UNBEATABLE PRICE

NEW

OLD SCHOOL TRAYBAKES

Suppliers of deliciously baked desserts
DESSERT BARS • TAKEAWAYS • CONVENIENCE STORES



FOR SALES & ENQUIRIES CALL:
0113 289 0283 / 07428 790 651



www.cake-emporium.com

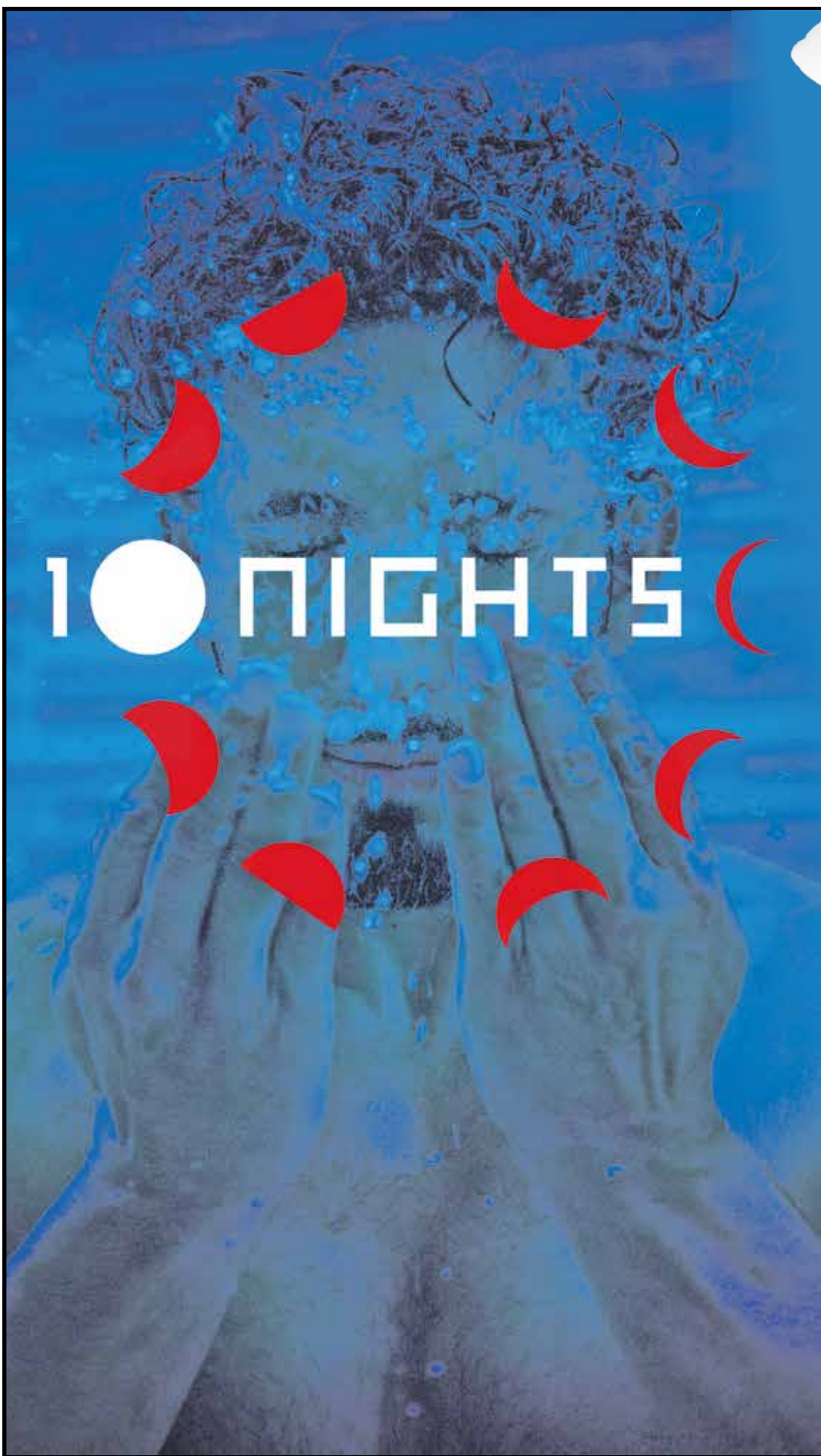


The Cake Emporium: Cake Corner, Cardigan Works, Lennox Road, Leeds, LS4 2BL • Email: info@cake-emporium.com

G L I T

Entertainment

THE LATEST ENTERTAINMENT AND CELEBRITY NEWS FROM BOLLYWOOD & HOLLYWOOD



10 NIGHTS

Return of award-winning, heartfelt and humorous play that explores faith, community, and self-discovery

Phizzical Productions has just announced the return of Shahid Iqbal Khan's Olivier Award-nominated play '10 Nights', which will open at Riverside Studios on Wednesday 8 January 2025, ahead of a UK tour.

Sâmira Bhamra directs Adeel Ali in this heartfelt and humorous one-man play exploring themes of faith, community, and self-discovery.

When Yasser decides to take part in 'Itikaf' - spending the last ten nights of Ramadan in quiet reflection at a mosque, he encounters unexpected challenges.

Between navigating communal spaces, the quirks of his fellow worshippers, and cravings for chunky chips, Yasser's journey becomes one of reckoning with hidden truths about himself and his

relationships.

This gentle and powerful story blends humour and poignancy, offering a touching portrayal of a young man trying to reconcile his faith, personal struggles, and aspirations. At its heart, the play is a coming-of-age story about fractured friendships and a community striving to live with dignity, hope, and unity.

Shahid Iqbal Khan, writer of 10 Nights, said: "2024 began beautifully with Phizzical Productions' gorgeous production of 10 Nights.

"I am looking forward to their remount once more in 2025. It has become a festive tradition to watch 10 Nights while the month of Ramadan is nigh.

Continued on page 34

10 NIGHTS

Return of award-winning, heartfelt and humorous play that explores faith, community, and self-discovery

Continued from page 33

“I love that the 2025 tour will go even further north this time to places like Huddersfield and Greater Manchester. I am excited to see Adeel Ali in the role of Yasser - I can't wait to see what he comes up with!”

The role of Yasser will be performed by Adeel Ali, a versatile and classically trained actor with a breadth of experience across stage and screen.

Adeel has brought to life a diverse range of characters, from Shakespearean roles to contemporary works like Atiha Sen Gupta's *What Fatima Did*, appearing at major UK theatres. His screen credits include a recurring role in the upcoming series *The Family Man* and appearances in feature films such as *Jawani Jaaneman*.

Adeel Ali said: “I am thrilled to be cast in '10 Nights', a phenomenal play that will allow me to portray different characters, reflecting society, understanding religion, and celebrating a time of togetherness of community.”

Director Sâmir Bhamra added: “10 Nights is about more than just theatre - it's the kind of British Asian story we need right now - human, relatable, and unapologetically real, that truly reflects our diverse society.

“Shahid's play dismantles stereotypes about Muslim men with warmth, grace, and humour and I am delighted that our venue partners are working with us to welcome communities who have been constantly ignored.”

The voice and text coach is Salvatore Sorce, costume design for 10 Nights is by Simron Sabri, sound design is by Sarah Sayeed and Reuben Cook, video production is by Rudi Okasili-Henry with lighting design by Rajiv Pattani, movement direction by Hamza Ali with Samina Ali as creative producer.

2025 TOUR DATES

Wed 8 – Sun 26 January

RIVERSIDE STUDIOS

101 Queen Caroline Street, Hammersmith,
London W6 9BN

Visit <https://riversidestudios.co.uk/see-and-do/10-nights-137618/>

Mon 27 – Tue 28 January

DERBY THEATRE

15 Theatre Walk, St Peter's Quarter,
Derby DE1 2NF

Visit <https://derbytheatre.co.uk/event/10-nights/>

Thu 30 January – Sat 1 February

THE LOWRY

Pier 8, The Quays, Salford M50 3AZ

Visit <https://thelowry.com/whats-on/138//10-nights>

Tue 4 – Wed 5 February

LAWRENCE BATLEY THEATRE

Queen's Square, Queen St, Huddersfield HD1 2SP

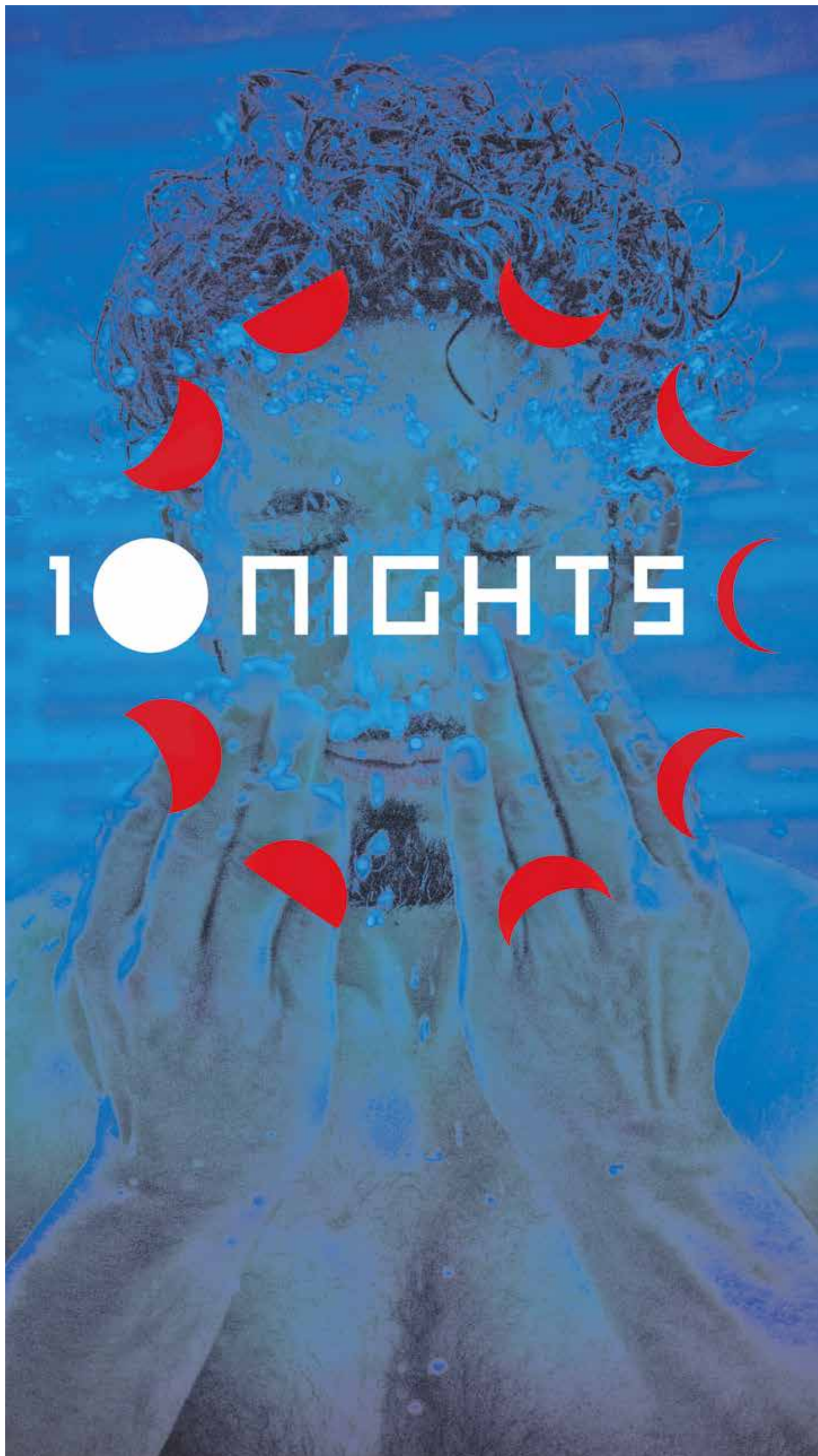
Visit <https://www.thelbt.org/what-s-on/drama/10-nights/>

Thu 6 – Sat 8 February

BIRMINGHAM HIPPODROME

Hurst Street, Southside, Birmingham B5 4TB

Visit <https://www.birminghamhippodrome.com/calendar/ten-nights/>



WHAT'S ON

in cinemas this month



Mufasa: The Lion King

Starring: Aaron Pierre, Kelvin Harrison Jr., Seth Rogen, Billy Eichner, John Kani, Mads Mikkelsen, Thandiwe Newton, Blue Ivy Carter, Beyoncé Knowles-Carter, Keith David, Anika Noni Rose, Donald Glover, Lennie James, Tiffany Boone, Preston Nyman

Director: Barry Jenkins

Cert: TBC

Genre: Animation/Family/Adventure

Release Date: 20/12/2024

'Mufasa: The Lion King' enlists Rafiki to relay the legend of Mufasa to young lion cub Kiara, daughter of Simba and Nala, with Timon and Pumbaa lending their signature schtick.

Told in flashbacks, the story introduces Mufasa as an orphaned cub, lost and alone until he meets a sympathetic lion named Taka - the heir to a royal bloodline.

The chance meeting sets in motion an expansive journey of an extraordinary group of misfits searching for their destiny - their bonds will be tested as they work together to evade a threatening and deadly foe.

WHAT'S ON

in cinemas this month



Paddington in Peru

Starring: Olivia Colman, Emily Mortimer, Antonio Banderas, Ben Whishaw, Jim Broadbent, Imelda Staunton, Hugh Bonneville, Julie Walters, Madeleine Harris, Samuel Joslin, Carla Tous
Director: Dougal Wilson **Cert:** PG
Genre: Comedy/Family
Release Date: 8/11/2024

Paddington in Peru brings Paddington back home to the Peruvian jungle to visit his beloved Aunt Lucy, now a resident at the Home for Retired Bears. With the Brown Family and Mrs Bird in

tow, a thrilling adventure ensues when a mysterious disappearance plunges them into a n unexpected journey from the Amazon rainforest to the mountain peaks of Peru.

Wicked

Starring: Cynthia Erivo, Ariana Grande, Jonathan Bailey, Marissa Bode, Ethan Slater, Michelle Yeoh, Jeff Goldblum, Keala Settle, Bronwyn James, Bowen Yang, Peter Dinklage
Director: Jon M. Chu **Cert:** PG
Genre: Fantasy/Musical
Release Date: 22/11/2024

Wicked, the untold story of the witches of Oz, stars Emmy, Grammy and Tony winning powerhouse Cynthia Erivo (Harriet, Broadway's The Color Purple) as Elphaba, a young woman, misunderstood because of her unusual green skin, who has yet to discover her true power, and Grammy-winning, multi-platinum recording artist and global superstar Ariana Grande as Glinda, a popular young woman, gilded by privilege and ambition, who has yet to discover her true heart.

The two meet as students at Shiz University in the fantastical Land of Oz and forge an unlikely but profound friendship. Following an encounter with The Wonderful Wizard of Oz, their friendship reaches a crossroads and their lives take very different paths. Glinda's unflinching desire for popularity sees her seduced by power, while Elphaba's determination to remain true to herself, and to those around her, will have unexpected and shocking consequences on her future. Their extraordinary adventures in Oz will ultimately see them fulfill their destinies as Glinda the Good and the Wicked Witch of the West.



Moana 2

Starring: Dwayne Johnson, Auli'i Cravalho, Alan Tudyk, Rachel House, Temuera Morrison, Nicole Scherzinger, Rose Matafeo
Director: Dave Derrick Jr.
Cert: TBC
Genre: Animation/Family/Musical
Release Date: 29/11/2024

Walt Disney Animation Studios' epic animated musical "Moana 2" takes audiences on an expansive new voyage with Moana, Maui and a brand-new crew of unlikely seafarers. After receiving an unexpected call from her way-finding ancestors, Moana must journey to the far seas of Oceania and into dangerous, long-lost waters for an adventure unlike anything she's ever faced. Directed by Dave Derrick



Jr. with music by Grammy® winners Abigail Barlow and Emily Bear, Grammy nominee Opetia Foa'i, and three-time Grammy winner Mark Mancina, "Moana 2" opens in theaters on Nov. 27, 2024.



Red One

Starring: Dwayne Johnson, Chris Evans, Lucy Liu, Bonnie Hunt, Kristofer Hivju, Kiernan Shipka, Mary Elizabeth Ellis, Wesley Kimmel, Nick Kroll
Director: Jake Kasdan
Cert: 12A
Genre: Action/Comedy/
Family
Release Date: 6/11/2024

After a villain kidnaps Santa from the North Pole, an E.L.F (Extremely Large and Formidable) operative (Dwayne Johnson) must partner with the world's most accomplished tracker (Chris Evans) to find Santa and save Christmas.



Conclave

Starring: Ralph Fiennes, Merab Ninidze, Isabella Rossellini, Brian F. O'Byrne, Lucian Msamati, Sergio Castellitto, Carlos Diehz, John Lithgow, Stanley Tucci
Director: Edward Berger
Cert: 12A
Genre: Thriller
Release Date: 29/12/2024

'Conclave' follows one of the world's most secretive and ancient events – selecting the new Pope. Cardinal Lawrence (Ralph Fiennes) is tasked with running this covert process after the unexpected death of the beloved Pope.

Once the Catholic Church's most powerful leaders have gathered from around the world and are locked together in the Vatican halls, Lawrence uncovers a trail of deep secrets left in the dead Pope's wake, secrets which could shake the foundations of the Church.

Troy Autopoint

174 Harehills Lane, Leeds LS8 5JP
Tel: 0113 240 4141
180/182 Selby Road, Halton LS15 0QL
Tel: 0113 260 8464 or 0113 264 5826

Serving the motorists of Leeds for 58 years!



**LOW COST
MOT TESTING**
NOW ONLY

£39

Troy

Brakes



Diagnostics



Servicing



Tyres



FREE Battery checks



FREE Safety checks



**ALL WORK
GUARANTEED**

£15 OFF

**MOT AND SERVICE COMBINED
when mentioning Asian Express**

EXPERIENCE COUNTS!

Each member of our staff has between 15 and 30 years experience bringing all the skills and technical knowledge required to look after you and your car.

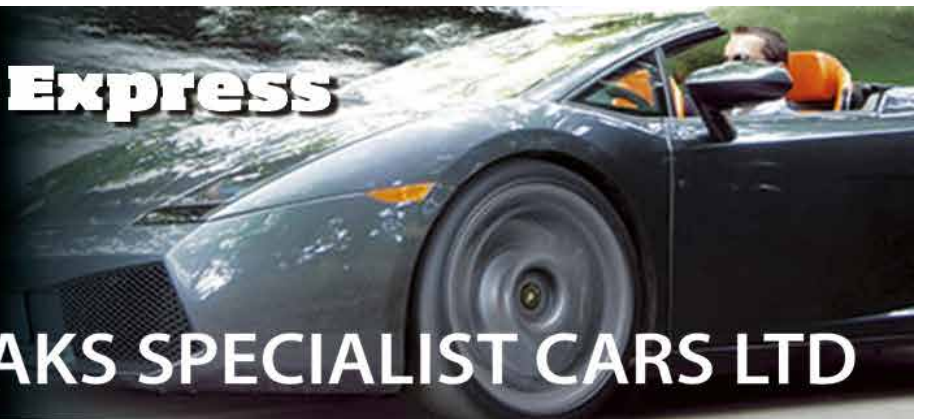
www.troyautopoint.co.uk

motors **Express**

sponsored by

SSC

SHAKS SPECIALIST CARS LTD



McLaren 750S named 'Performance Car of the Year'

The McLaren 750S has won Top Gear Magazine's Performance Car of the Year at the annual Top Gear Awards, with McLaren being presented with the trophy at the awards event held in London.

The award is presented to the winner of Top Gear Magazine's annual Speed Week event, which gathers the year's best performance cars, as rated by the publication, for a week-long test on road and track.

The 750S was tested on the Navarra circuit in northern Spain before heading to the picturesque and challenging roads in the Pamplona region, along with other Speed Week finalists.

The 750S was crowned Speed Week winner after impressing the Top Gear judges, who were vocal in their praise of the 750S' abilities on road and track, particularly its huge performance, scintillating driver feedback and

connection, engaging character and strong quality.

These achievements informed the reasoning behind the 750S taking victory expressed by Top Gear's writers: "Very few cars engage your senses like the 750S – not because of any vices, but simply because the forces coming at you are so alien. It is outrageously fast and agile, it communicates so clearly and it's so willing to adjust its line and angle of attack according to driver inputs. There's shock and awe but also fingertip subtlety."

Top Gear Magazine, December 2024: "Thank you to Top Gear for naming the McLaren 750S its Performance Car of the Year. This award is recognition of its incredible performance and class-leading supercar credentials. The verdict is also testament to McLaren's determination to consistently push boundaries and beat our own exceptional benchmarks in driver exhilaration and desirability."



“ LIVING
THE DREAM,
DRIVING
THE DREAM ”

SSC™



SHAKS SPECIALIST CARS LTD

Eehad House, Northgate, Union Street, HD1 6AP
Tel: 01484 480777
Fax: 01484 767229
sales@shaksspecialistcars.co.uk
Visit www.s-s-c.co.uk to view all our stock

Pinnacle of luxury

KAHN commissioned for the Ineos Grenadier Grandmaster

Following the success of the Series II Expedition Grenadier, The Chelsea Truck Company proudly unveils its latest Ineos transformation—The Grandmaster.

This exclusive model redefines luxury, elevating the Grenadier to unprecedented standards of sophistication, comfort, and style.

Commissioned through the renowned KAHN® design house, The Grandmaster offers a masterful blend of clean, bold design and exquisite craftsmanship.

Premium materials and meticulous detailing elevate this Ineos to the pinnacle of the luxury 4x4 market, setting a new benchmark in refined off-road elegance

Premium materials and meticulous detailing elevate this Ineos to the pinnacle of the luxury 4x4 market, setting a new benchmark in refined off-road elegance.

Where the Series II Expedition showcased a bold, rugged spirit ready for any terrain, The Grandmaster captures

that same soul but with a refined, more road-focused aesthetic that embodies the OEM+ philosophy of design.

Crafted for those who favour luxury and sophistication over wilderness exploration, The Grandmaster seamlessly merges performance with elegance.

Signature exterior details, like wide wings and wheel arches, now boast a satin body finish with exposed carbon fibre accents for a subtle yet striking look. The utilitarian front and rear bumpers feature refined colour splits, creating seamless harmony with the Grenadier's original design.

This exclusive prototype also debuts a Central Roof Light with integrated LED light, drawing inspiration from Formula 1 air intakes for an aerodynamic, high-performance edge. This F1-inspired feature not only enhances functionality but also pays homage to Ineos's distinguished history within Formula 1.

Inside, the cabin has been completely reimagined with our exclusive comfort leather interior, elegantly finished in Volcanic Blue.

The bespoke Italian Nappa leather upholstery delivers a seamless blend of luxury and comfort, providing an experience as indulgent as it is refined.

The Grandmaster stands as the ultimate expression of sophistication—the most luxurious and distinguished Ineos Grenadier on the road today.



The Grandmaster features

- Exterior Specification:
- Exposed Carbon Fibre Dakar Central Lamp Grille
- 3-Piece Front Outer Grille
- 3-Piece Front Bumper Valance in Carbon Fibre
- 40mm Wide Wheel Arches in Exposed Carbon
- Wide Wings with integrated Bolt Apertures in Exposed Carbon Fibre
- Central Roof Light with integrated LED Light in Exposed Carbon Fibre
- Alpine Window Covers
- Large Upper Roof Wing
- 3-Piece Rear Bumper Valance in Carbon Fibre
- Chelsea Truck Co. Hard Spare Wheel Cover in Piano Black
- 100mm Crosshair Exhaust System In Satin Black
- 9x20" Mondial Retro Deep Concave RS-Forged Light Alloy Wheels in Satin Black
- 35" All Terrain Tyres
- Satin Body Colour Coded Paint
- Gloss Black Contrast Roof
- Exposed Carbon Fibre Details

Interior Spec

- Front Seats Upholstered in Volcanic Blue Nappa Leather with CTC Branding
- Rear Seats Reupholstered in Volcanic Blue Nappa Leather with CTC Branding
- Front and Rear Door Panels



Reupholstered in Nappa Leather

- Front and Rear Door Tops Reupholstered in Nappa Leather
- Centre Armrest Reupholstered in Nappa Leather
- Passenger Grab Handle Reupholstered in Nappa Leather
- Handbrake and Gaitor Reupholstered in Nappa Leather
- Drive Select Gaitor Reupholstered in Nappa Leather
- The Ineos Grenadier Grandmaster brings together formidable engineering and sophisticated luxury, highlighting Chelsea Truck Co's mission to enhance the 4x4 market and elevating the 4x4 experience. This vehicle blends the practicality of the Ineos Grenadier with KAHN's signature craftsmanship.
- Every detail shows a dedication to excellence that never wavers. The Grandmaster is more than just a vehicle—it's a statement of prestige that combines classic heritage with modern elegance. It proves that luxury, performance, and design can come together naturally, turning every drive into something special.



“ LIVING
THE DREAM,
DRIVING
THE DREAM ”

SSC™



SHAKS SPECIALIST CARS LTD

Eehad House, Northgate, Union Street, HD1 6AP

Tel: 01484 480777

Fax: 01484 767229

sales@shaksspecialistcars.co.uk

Visit www.s-s-c.co.uk to view all our stock



Behind the gaze of the Cupra Terramar

The brand's unmistakable three-triangle light signature shines brightly and stands out from the crowd, illuminating the road ahead. Over and above their design, these headlamps are the result of painstaking research and development that positions the model as a top-of-the-range vehicle.

“With its 25,000 pixels and high-definition Matrix LED Ultra technology, the CUPRA Terramar has achieved the highest standards of light output” explains Magnolia Paredes, head of Lighting Electronic Development at CUPRA. These are the keys behind the CUPRA Terramar's gaze.

One of the biggest innovations is the automatic Glare-free High Beam function, which detects oncoming traffic or cars in front and shields them to prevent glare, all without reducing visibility on other areas of the road.

“Our technology works with millimetre precision thanks to the compartmentalisation of the light emitted by the LEDs into twelve separate segments” says Maite Paris, head of Headlight Development at CUPRA.

“Starting at 30 km/h and with the high beam activated and in automatic mode, these light sectors intelligently regulate themselves and switch off independently, adapting to the needs of the

road” she adds.

In the precise location where the system detects another user, this creates a shadow that eliminates glare while still lighting up the surrounding areas.

Equipped with high-definition technology, the low beams offer further innovative lighting functions. For example, on roads with more than three lanes, the Lane Light Basic Function comes into play.

Meanwhile, the Lane Line Indicator Function aims to facilitate lane changes, with a more powerful line of light on one side or the other, synchronised with the indicator signals. But the driving assistance of the headlights doesn't end there - there's also a Lane Change Assist, which works in coordination with the car's Side Assist.

Other lighting innovations range from the Coming/Leaving Home Ceremonies, which project animations onto the surface in front of the vehicle when opening and closing the door, to the Orientation Light Basic Function, which displays lines on the ground that correspond to the vehicle's width, making it easier for the driver to navigate very narrow roads.

The CUPRA Terramar is equipped with all these breakthroughs in lighting technology, and they'll soon also be available on the new CUPRA Leon and Formentor.

SELL YOUR NUMBER PLATE

To advertise call us on:

08703 608 606



001ASH £5,000 (001 ASH) TEL: 07985 455 057	AKHIIR £8,000 TEL: 07733 244 444	ASILEE £39,000 (ASHLEE) TEL: 07985 455 057	BAB84R £6,995 TEL: 07530 612 171	DOII DRS £20,000 (DOLLORS) TEL: 07815 114 201	ETIIANM £8,500 (ETHAN M) TEL: 07985 455 057	GOI7 ERX £8,000 ONO TEL: 07908 472 121	JOIINTY £20,000 (JOHNTY) TEL: 07985 455 057	KESSERR £9,895 ONO TEL: 07779 324 610	MAIIBUB £19,000 (MAIBUB) TEL: 07985 455 057	MR 5 5YKS £5,000 T: 07740 784 983 privatplates@hotmail.co.uk	NBIACK £9,500 (N BLACK) TEL: 07985 455 057	PAIIJR £11,000 (PAUL JR) TEL: 07985 455 057	RE53EES £2,995 TEL: 07867 861 193
I23 YKP £1,275 ONO TEL: 07852 290 229	AKH773R £2,995 TEL: 07867 861 193	ASIIEM £8,000 (ASHOK M) TEL: 07985 455 057	BAS33R £13,000 ONO TEL: 07879 230 103	DRIIPE £8,000 (DR HOPE) TEL: 07985 455 057	ETIIANR £8,500 (ETHAN R) TEL: 07985 455 057	GSIIAN £7,500 (G SUSAN) TEL: 07985 455 057	JOS5FYN OFFERS T: 07740 784 983 privatplates@hotmail.co.uk	KHIIAN £10,000 ONO TEL: 07946 510 000	MAIDAA £1,500 ONO (MAIDA) TEL: 07946 162 099	MR 57NOH £8,000 (MR SINGH) TEL: 07731 464002	NCIARK £9,000 (N CLARK) TEL: 07985 455 057	PAIIJLR £1,000 (PAUL SG) TEL: 07985 455 057	RCIGGS £29,000 (R GIGGS) TEL: 07985 455 057
IBZ 786 OFFERS OVER £10,000 TEL: 07889 184 532	AKR5M £5,500 TEL: 07947 979 777	ASIIRAJ £4,500 (ASH RAJ) TEL: 07985 455 057	BIIARK £9,000 (B CLARK) TEL: 07985 455 057	DRIIORN £8,000 (DR HORN) TEL: 07985 455 057	ETIANT £8,500 (ETHAN T) TEL: 07985 455 057	GUIDES £15,000 (GUIDES) TEL: 07985 455 057	JON8OSS £6,995 TEL: 07530 612 171	KHII AHN £10,000 TEL: 01274 414141 MON - FRI: 9-5-30	MAIDAH £1,500 ONO (MAIDAH) TEL: 07946 162 099	MR N4S OFFERS TEL: 07787 334 567	NDIIEEP £7,000 (N DILEEP) TEL: 07985 455 057	PAIIISR £1,000 (PAUL SR) TEL: 07985 455 057	RJUDGE £15,500 (R JUDGE) TEL: 07985 455 057
IKKY OFFERS OVER £35,000 TEL: 07732 913	ALII EEF £12,000 ONO TEL: 07884 115 115	ASIRAP £2,500 (ASHRAF) TEL: 07985 455 057	BDIIEEP £7,000 (B DILEEP) TEL: 07985 455 057	DRIIANS £15,000 (DR ANS) TEL: 07985 455 057	ETIIANW £8,500 (ETHAN W) TEL: 07985 455 057	GUIFAM £3,000 ONO (GULLFAM) TEL: 07946 162 099	JIT7 OK £900 ONO (JAT OK) TEL: 07581 423 143	KHIIANZ £8,000 TEL: 07921 576 971	MAIEKZ £1,500 ONO (MALEK) TEL: 07946 162 099	MSIIOPE £5,500 (MS HOPE) TEL: 07985 455 057	NAS55SA £4,500 TEL: 07867 861 193	PAIIMAD £10,000 (P AHMAD) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAUN) TEL: 07985 455 057
55ABR £4,000 TEL: 07733 244 444	ALII HSN £3,000 ONO (ALI HASSAN) TEL: 07946 162 099	ASIIZZZ £2,500 (ASH ZZZ) TEL: 07985 455 057	BD55 CAB £2,995 ONO TEL: 07790 914 137	DRIIARY £12,000 (DR HARY) TEL: 07985 455 057	ETIIVJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JI7VEE £1500 ONO TEL: 07774 246 877	KHII LAK £1,000 TEL: 01274 414141 MON - FRI: 9-5-30	MAIIMAD £9,500 (M AHMAD) TEL: 07985 455 057	MSIIALE £9,500 (MS HALE) TEL: 07985 455 057	NEIIFOX £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RVIIJAY £10,000 (R VIJAY) TEL: 07985 455 057
786 KAM £25,000 TEL: 07733 244 444	AMO3EAR £3,000 ONO TEL: 07506 342 385	ASII NAK £1,500 ONO TEL: 07930 590 591	BD55TAN £2,495 TEL: 07720 376 861	DRIIAYS £8,000 (DR HAYS) TEL: 07985 455 057	ETIIVKAR £650 ONO (EVIL CAR) TEL: 07111 953 337	GVIIJAY £10,000 (G VIJAY) TEL: 07985 455 057	J4 NGS £10,000 TEL: 07815 114 201	KHINGZ £13,000 TEL: 07921 576 971	MAIMED £29,000 (M AHMED) TEL: 07985 455 057	MSIIALY £9,500 (MS HALY) TEL: 07985 455 057	N KIIANZ £1,500 ONO (NKIANZ) TEL: 07946 162 099	PAIIVEZ £1,500 TEL: 01274 414141 MON - FRI: 9-5-30	RYIISAF £15,000 (R YUSUF) TEL: 07985 455 057
786 MAK £10,000 ONO TEL: 07971 827 098	AMO4EAR £3,000 ONO TEL: 07506 342 385	ASII NJT £1,500 ONO TEL: 07930 590 591	BEIOLD £19,000 (BEHOLD) TEL: 07270 026 653	DR SINGG £8,000 (DR HAYS) TEL: 07985 455 057	EYIISAF £15,000 (E YUSUF) TEL: 07985 455 057	GVIIJAF £15,400 (G YUSAF) TEL: 07985 455 057	J4UEO £2,495 TEL: 07954 389 874	KH59 LED £3,000 TEL: 07970 281 994	MAIMVD £1,600 (MAHMUD) TEL: 07867 861 193	MSIIAWK £9,500 (MS HAWK) TEL: 07985 455 057	NLIICAS £7,000 (N LIICAS) TEL: 07985 455 057	PDIIEEP £7,000 (P DILEEP) TEL: 07985 455 057	RYIISUF £15,000 (R YUSUF) TEL: 07985 455 057
B2 GK OFFERS TEL: 07787 334 567	AMII AAD £2,000 (AMII AAD) TEL: 07946 162 099	ASII4NSX £15,000 ONO TEL: 07908 472 121	BHO4GUL OFFERS (BHOUL) TEL: 07970 026 653	DR5ISHA £995 (DR. SHISHA / SHA) TEL: 07834 531 683	EYIISUF £15,000 (E YUSUF) TEL: 07985 455 057	GVIIJUF £15,000 (G VIJUF) TEL: 07985 455 057	JAIJALS £15,000 (J ALLALS) TEL: 07985 455 057	KKIMAR £15,000 (K KUMAR) TEL: 07985 455 057	MAII RYM £1,500 TEL: 01274 414141 MON - FRI: 9-5-30	MSIIHAY £9,500 (MS HAY) TEL: 07985 455 057	NOII SHN £2,500 (N SHAN) TEL: 07946 162 099	PDIIEEP £7,000 (P DILEEP) TEL: 07985 455 057	SDIILJA £10,000 (S DJA) TEL: 07985 455 057
A17JEO £15,000 ONO (AMUED) TEL: 07971 732 789	AMII EEN £5,000 ONO TEL: 01274 414141 MON - FRI: 9-5-30	A SH4ZD £10,000 ONO TEL: 07976 024 735	BH54RAT OFFERS (SHARAT) TEL: 07970 026 653	DR 5 5OOD £8,000 T: 07740 784 983 privatplates@hotmail.co.uk	FI 6UJR £2,500 (F1 GUJR) TEL: 07952 927 144	HOOSAYN £1,950 ONO (HUSSAIN) TEL: 07952 914 163	JAIIMED £10,000 (J AHMAD) TEL: 07985 455 057	KUMAR £15,000 (K KUMAR) TEL: 07985 455 057	MAITAB £18,000 (M AHMAD) TEL: 07985 455 057	MSIIHAY £15,000 (MS HAY) TEL: 07985 455 057	NSIIAUN £15,000 (N SHAUN) TEL: 07985 455 057	PHIIFOX £28,000 (PHIL FOX) TEL: 07877 334 567	SOC4R OFFERS TEL: 07877 334 567
A2SSM £1,499 ONO TEL: 07875 337 224	ANII JAM £5,000 TEL: 01274 414141 MON - FRI: 9-5-30	ASKI £7,000+ TEL: 07854 012 093	BKIIMAR £15,000 (B KUMAR) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAUN) TEL: 07985 455 057	FI7 STX £2,999 ONO TEL: 07904 018 063	H055AYN £8,895 ONO TEL: 07779 324 610	JAIIMED £15,000 (J AHMED) TEL: 07985 455 057	KU55 OOM £2,000 TEL: 07588 326 444	MA55 UDD £4,000 TEL: 07588 326 444	MSIISAN £7,500 (M SUSAN) TEL: 07985 455 057	NSIISAN £7,500 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII ETK OFFERS (SHEIKH) TEL: 07815 114 201
A212 JAN OFFERS OVER £5,000 TEL: 07817 615 022	ANII SAR £2,500 TEL: 01274 414141 MON - FRI: 9-5-30	ATT4H £8,500 ONO WITHHELD NO TEL: 07786 424 251	BSIIAUN £15,000 (B SHAUN) TEL: 07985 455 057	DSIISAN £7,500 (D SUSAN) TEL: 07985 455 057	F44EEM £4,500 TEL: 07825 040 037	HOIVER £7,500 (H OLIVER) TEL: 07985 455 057	JAS5BR £8,895 TEL: 07779 324 610	KVIJAY £10,000 (K VIJAY) TEL: 07985 455 057	MA55 UMM £2,800 TEL: 07588 326 444	MSIIAMM £10,000 (MOHAMMAD) TEL: 07867 861 193	NSIIAUN £1,500 TEL: 01274 414141 MON - FRI: 9-5-30	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII ETL OFFERS (SHEIKH) TEL: 07815 114 201
AAII LAM £1,500 TEL: 01274 414141 MON - FRI: 9-5-30	ANII SER £5,000 TEL: 01274 414141 MON - FRI: 9-5-30	AVIJJAY £10,000 (AVIJJAY) TEL: 07971 732 789	BT55MLA £15,000 (BISSMILA) TEL: 07971 732 789	DVIJJAY £10,000 (D VIJAY) TEL: 07985 455 057	F47TMA £4,750 TEL: 07825 040 037	HII RAA £5,500 TEL: 07525 927 144	JAV333D £5,500 TEL: 07867 861 193	KYIISAF £15,400 (K YUSAF) TEL: 07985 455 057	M ALIIS OFFERS TEL: 07787 334 567	MUII SAH £1,500 TEL: 01274 414141 MON - FRI: 9-5-30	NSIIAUN £10,000 (MOHAMMAD) TEL: 07867 861 193	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AAIIMAD £15,000 (A AHMAD) TEL: 07985 455 057	ANS4AR N £1,500 ONO (ANSAR) TEL: 07946 162 099	ANS55OM £10,000 (AWESOME) TEL: 07985 254 294	BUS5TEO £5,000 ONO (BUSTED) TEL: 07985 455 057	DYIISAF £15,000 (D YUSUF) TEL: 07985 455 057	FAI IRYD £1,000 TEL: 01274 414141 MON - FRI: 9-5-30	HB ABU £950 ONO TEL: 07986 642 402	JDIIEEP £7,000 (J DILEEP) TEL: 07985 455 057	KY55 HAN £3,800 TEL: 07588 326 444	MAR20F £4,000 ONO TEL: 07990 116 644	MVIIAM £1,500 (MOHAMMAD) TEL: 07867 861 193	NSIISAN £15,000 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AAIYYAA £20,000 (AALYYA) TEL: 07985 455 057	AN55AR K £1,000 TEL: 07983 480 777	AYIINUS £9,500 (A YUNUS) TEL: 07985 455 057	BVIJJAY £10,000 (B VIJAY) TEL: 07985 455 057	DYIISUF £15,000 (D YUSUF) TEL: 07985 455 057	FAIISHA £9,000 (F AISHA) TEL: 07985 455 057	HAIIEEX £12,000 (HAILIEE X) TEL: 07985 455 057	JEIIOUS £20,000 TEL: 07786 615 234	KY55 HOR £3,500 TEL: 07588 326 444	MDO4WOD £1,400 (M DAWOOD) TEL: 07428 657 147	MVIIJAY £10,000 (M VIJAY) TEL: 07985 455 057	NSIISAN £15,000 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AAIJAN £15,000 (ARJAN) TEL: 07731 464002	ANJ33M £4,995 TEL: 07867 861 193	ASISAF £15,400 (A YUSAF) TEL: 07985 455 057	BYIISAF £15,400 (B YUSAF) TEL: 07985 455 057	EAIIMAD £10,000 (E AHMAD) TEL: 07985 455 057	FAIIMAD £10,000 (F AHMAD) TEL: 07985 455 057	HAIIEYX £12,000 (HAILIEE Y) TEL: 07985 455 057	JKI I ANN £2,500 (J KHAN) TEL: 07815 114 201	LII KJY £7,000 (L DILEEP) TEL: 07985 455 057	MDIIEEP £9,500 (M DILEEP) TEL: 07985 455 057	MYIINUS £9,500 (M YUNUS) TEL: 07985 455 057	NSIISAN £15,000 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AA5IZAA OFFERS TEL: 07971 612 479	ANW444R £10,000 ONO (ANWAAR) TEL: 07946 162 099	AIIISUF £15,000 (A YUSUF) TEL: 07985 455 057	BYIISUF £15,000 (B YUSUF) TEL: 07985 455 057	EAIIMED £15,000 (E AHMED) TEL: 07985 455 057	FAIIMED £15,000 (F AHMED) TEL: 07985 455 057	HAIIMAD £10,000 (H AHMAD) TEL: 07985 455 057	JKIIMAR £15,000 (J KUMAR) TEL: 07985 455 057	LII USY £3,000 (L J USY / LUSY) TEL: 07786 424 251	MDIIMAD £2,500 (MOHAMMAD) TEL: 07867 861 193	MYIIPOD £3,000 (MY IPOD) TEL: 07985 455 057	NSIISAN £15,000 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AA55HAK £8,895 ONO TEL: 07779 324 610	ANW444R £10,000 ONO (ANWAAR) TEL: 07946 162 099	AYI I US £2,000 TEL: 01274 414141 MON - FRI: 9-5-30	CII EWY £2,500 TEL: 07764 656 667	EAS5TAL OFFERS T: 07740 784 983 privatplates@hotmail.co.uk	FAH44D £9,995 TEL: 07530 612 171	HAI3 ZAH OFFERS OVER £5,000 TEL: 07973 165 474	JVIJJAY £10,000 (J VIJAY) TEL: 07985 455 057	LII I MRN £10,000 (L IMRAN) TEL: 07759 097 070	MDIEEP £1,000 (M DAWOOD) TEL: 07428 657 147	MYIINUS £9,500 (M YUNUS) TEL: 07985 455 057	NSIISAN £15,000 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AA55RIS £8,895 ONO TEL: 07779 324 610	ASII AHS £3,000 (A SHAH) TEL: 07985 455 057	BO55 KHN OFFERS TEL: 07971 850 490	C I4 SSE £7,500 (CLASSY) TEL: 07815 114 201	EAS5TLE OFFERS T: 07740 784 983 privatplates@hotmail.co.uk	FAZ44L £5,500 TEL: 07867 861 193	HAI7 ZAH OFFERS OVER £5,000 TEL: 07973 165 474	JVIJJAY £10,000 (J VIJAY) TEL: 07985 455 057	LII I MRN £10,000 (L IMRAN) TEL: 07759 097 070	MDIEEP £1,000 (M DAWOOD) TEL: 07428 657 147	MYIINUS £9,500 (M YUNUS) TEL: 07985 455 057	NSIISAN £15,000 (N SUSAN) TEL: 07985 455 057	PKIINGS £14,000 (P KINGS) TEL: 07985 455 057	SII OHL OFFERS TEL: 07815 114 201
AAII5 £15,000 TEL: 07733 244 444	ASII AHS £3,000 (A SHAH) TEL: 07985 455 057	BO55 BO £1,500 TEL: 01274 414141 MON - FRI: 9-5-30	C 5KY W £999 ONO TEL: 07427 677 989	EAS7S EREAASONABLE OFFERS TEL: 07974 179 156	FAZ 786 OVER £10,000 TEL: 07795 555 786	HAI7 ZAH OFFERS OVER £5,000 TEL: 07973 165 474	JVIJJAY £10,000 (J VIJAY) TEL: 07985 455 057	LII I MRN £10,000 (L IMRAN) TEL: 07759 097 070	MDIEEP £1,000 (M DAWOOD) TEL: 07428 657 147	MYIINUS £9,500 (M YUNUS) TEL: 07985 455 057	NS		

SH04 BEK £1,995 ONO TEL: 07764 656 667	SHA2D £25,000 TEL: 07867 961 193	TAIHAS £3,000 ONO (TALHA) TEL: 07946 162 099	TVIJAY £10,000 (T VIJAY) TEL: 07985 455 057	VY55 HAL £3,500 TEL: 07588 326 444	WDIEEP £7,000 (W DILEEP) TEL: 07985 455 057	XX 56XY XX £8,000 ONO TEL: 07908 472 121
SHIOAEB OFFERS T: 07754 852 402 MON - FRI: 9-5.30	SOII BYA £2,000 TEL: 01274 414141 MON - FRI: 9-5.30	TAIIMAD £10,000 (T AHMAD) TEL: 07985 455 057	TYIISAF £15,400 (T YUSAF) TEL: 07985 455 057	VY55 HNU £3,500 TEL: 07588 326 444	WGIPTA £6,995 (W GUPTA) TEL: 07985 455 057	XYIISAF £15,400 (X YUSAF) TEL: 07985 455 057
SHIQABY £4,000 ONO TEL: 07828 695 464	SPIRITY £15,000 (SPORTY) TEL: 07985 455 057	TAIYRS £1,500 (TAHYRS) TEL: 07867 886 786	TYISUF £15,000 (T YUSUF) TEL: 07985 455 057	WOIIVER £5,500 (W OLIVER) TEL: 07985 455 057	WKIIMAR £15,000 (W KIIMAR) TEL: 07985 455 057	YIINES OFFERS (YOUNAS) TEL: 07834 016 393
SHIQKET OFFERS T: 07754 852 402 no withheld numbers	STIIGGG £20,000 ONO TEL: 07786 510 000	TAI3BYS £1,600 ONO TEL: 07557 387 547	UAIMAD £10,000 (U AHMAD) TEL: 07985 455 057	W2I JAS £1,200 ONO TEL: 07925 757 677	WMIILES £7,500 (W MIILES) TEL: 07985 455 057	YSIILMA £4,000 ONO (SALMA) TEL: 07969 598 969
SHIQKUT OFFERS T: 07754 852 402 no withheld numbers	SURB7IT £1,500 (SURBJIT) TEL: 07985 589 631	TA55LYM £4,895 ONO TEL: 07779 324 610	UDIEEP £7,000 (U DILEEP) TEL: 07985 455 057	W33DDY £5,000 ONO TEL: 07779 994 695	WSIISAN £7,500 (W SUSAN) TEL: 07985 455 057	Y55ANA OFFERS TEL: 07835 316 786
SHII AED £1,000 TEL: 01274 414141 MON - FRI: 9-5.30	SYIISAF £15,400 (S YUSAF) TEL: 07985 455 057	TA55TEE £5,000 T: 07740 784 983 privateplates@hotmail.co.uk	UKIIRD OFFERS TEL: 07522 199 997	W33DY K £5,000 ONO TEL: 07779 994 695	WYIISAF £15,400 (W YUSUF) TEL: 07985 455 057	Y9 ALT £30,000 TEL: 07525 817 453
SHII AFS £1,500 TEL: 01274 414141 MON - FRI: 9-5.30	SYIISUF £15,000 (S YUSUF) TEL: 07985 455 057	TA55TYE £5,000 T: 07740 784 983 privateplates@hotmail.co.uk	UMM444R £4,995 TEL: 07707 747 776	W33NTD £1,800 (WANTED) TEL: 01202 877 038	WYIISUF £15,000 (W YUSUF) TEL: 07985 455 057	YAIMAD £10,000 (Y AHMAD) TEL: 07985 455 057
SHIIAHZ £6,000 TEL: 07921 576 971	TOYSR £15,000 ONO TEL: 07973 787 934	TA67 ETS £6,000 ONO TEL: 07908 472 121	UYIISAF £15,400 (U YUSAF) TEL: 07985 455 057	W4JLD £1,995 TEL: 07854 389 874	X3 SINGS £3,500 (SINGS) TEL: 07833 333 870	YAIYAA £15,000 (YAYYAA) TEL: 07985 455 057
SHII ANY £2,000 TEL: 01274 414141 MON - FRI: 9-5.30	TIUUCS OFFERS TEL: 07581 169 231	TAHIR £100,000 (TAHIR) TEL: 07403 302 725	VOIRAS £2,000 (VOHRA) TEL: 07867 886 786	W4KY R £1,500 TEL: 07786 615 234	X 7BY X £1,000 TEL: 07767 778 798	YEIICOM £49,000 (YELL COM) TEL: 07985 455 057
SHIIKEL £4,999 ONO (SHAKEL) TEL: 07863 845 709	TI4 REK OFFERS (TARIC) TEL: 07508 066 661	TBIIATT £7,000 (T BHATT) TEL: 07985 455 057	VOIIVER £6,900 (V OLIVER) TEL: 07985 455 057	W4LYT £2,000 TEL: 07854 435 656	XAL IIX £15,000 TEL: 07733 244 444	YDIIEEP £7,000 (Y DILEEP) TEL: 07985 455 057
SHII OBY £1,000 TEL: 01274 414141 MON - FRI: 9-5.30	TI9 ARX OFFERS (TIGER X) TEL: 07837 780 981	TDIEEP £7,000 (T DILEEP) TEL: 07985 455 057	V 4RFN £1,000 TEL: 07967 193 033	WAIIEEM £15,000 (WAEEM) TEL: 07985 455 057	X BAIG £50,000 TEL: 07947 979 777	YKIIMAR £15,000 (Y KIIMAR) TEL: 07985 455 057
SHIIPER £15,000 (SHIPER) TEL: 07685 455 057	TILI 786 £1,500 ONO TEL: 07974 179 156	TERIK VALUED AT OVER £60K TEL: 07739 413 695	V 44MJD £850 ONO TEL: 07803 012 253	WAIISHA £9,000 (W AISHA) TEL: 07985 455 057	X K04SER OFFERS TEL: 07811 146 312	YUIONES OFFERS T: 07754 852 402 no withheld numbers
SHIYLA £1,000,000 TEL: 07969 914 041	T44 RKK £2,200 ONO TEL: 07926 095 168	TJIDGE £15,500 (T JUDGE) TEL: 07985 455 057	VAIMAD £10,000 (V AHMAD) TEL: 07985 455 057	WAIITAD £10,000 (WANTED) TEL: 07778 881 126	X KIIAN X £2,700 TEL: 07786 087 155	YVIIJAY £10,000 (Y VIJAY) TEL: 07985 455 057
SHI2ADH £3,000 ONO TEL: 07870 993 553	T444BYS £995 ONO TEL: 07896 896 431	TKINGS £14,000 (T KINGS) TEL: 07985 455 057	VBIATT £7,000 (V BHATT) TEL: 07985 455 057	WAH330K £2,500 (W AHMED K) TEL: 07973 159 979	XKIIMAR £15,000 (X KIIMAR) TEL: 07985 455 057	Y44SCR £2,500 ONO TEL: 07828 159 318
SHI2ANH £3,000 ONO TEL: 07870 993 553	T8NHD £15,000 (TAWHEED) TEL: 07842 955 147	TMIILES £7,500 (T MIILES) TEL: 07985 455 057	VDIIEEP £7,000 (V DILEEP) TEL: 07985 455 057	RYIISUF £15,000 (R YUSUF) TEL: 07985 455 057	XMIILES £7,500 (X MIILES) TEL: 07985 455 057	
SHI3 MLA £5,000 - (SHIMVLA) TEL: 07973 165 474	T9RYK OFFERS TEL: 07863 289 625	TRII HAD £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	VSIISAN £7,500 (V SUSAN) TEL: 07985 455 057	WJ33D £2,995 TEL: 07793 628 670	XSIIAKS £4,500 (X SHAKS) TEL: 07985 455 057	
SH54ZHD £5,725 TEL: 07802 183 450	TAIIATS £1,500 (TALLAT) TEL: 07867 886 786	TSIIISAN £7,500 (T SUSAN) TEL: 07985 455 057	VYIISAF £15,400 (V YUSAF) TEL: 07985 455 057	WASIIF £10,000 TEL: 07867 861 193	XXIO MAR OFFERS TEL: 07928 473 771	

5 NAS £30,000 TEL: 07540 176 854	CHIEFS £20,000 ONO TEL: 07786 615 234	PIINEM £2,995 ONO (PUNEM) TEL: 07305 700 800
ATT4H £8,500 ONO TEL: 07786 424 251	K7 PPA £3,995 ONO TEL: 07890 201 854	UK I IORD OFFERS TEL: 07522 199 997
H4 SSB £12,995 ONO TEL: 07440 766 843	L99HOR OFFERS TEL: 07850 706 930	YA55EEM £75,000 ONO TEL: 07887 837 553
J4 MEL £15,000 ONO TEL: 07870 496 535	NOO2HAT £2,000 ONO (NUZHAT) TEL: 07813 011 702	

A84DLA OFFERS TEL: 07522 173 297	AWAIS OFFERS TEL: 07522 173 297	F9TMA OFFERS TEL: 07522 173 297	K4HN.V OFFERS TEL: 07522 173 297	M44YAT OFFERS TEL: 07522 173 297	S4FTR OFFERS TEL: 07522 173 297	SHIFYK OFFERS TEL: 07522 173 297
AI.2GGY OFFERS TEL: 07522 173 297	AWIIAS.X OFFERS TEL: 07522 173 297	FAIZAM OFFERS TEL: 07522 173 297	K4UR.X OFFERS TEL: 07522 173 297	MAI4RYA OFFERS TEL: 07522 173 297	S4JAO OFFERS TEL: 07522 173 297	SIOOFYN OFFERS TEL: 07522 173 297
AAI2OMA OFFERS TEL: 07522 173 297	AY55HAS OFFERS TEL: 07522 173 297	FI2ANA OFFERS TEL: 07522 173 297	K44HNY OFFERS TEL: 07522 173 297	MAI4RYM OFFERS TEL: 07522 173 297	S4TPL OFFERS TEL: 07522 173 297	T4RAK OFFERS TEL: 07522 173 297
AAI3EZA OFFERS TEL: 07522 173 297	BIG ACN OFFERS TEL: 07522 173 297	FI2LAT OFFERS TEL: 07522 173 297	KE55AR.B OFFERS TEL: 07522 173 297	MAQ4DAS OFFERS TEL: 07522 173 297	S500AAN OFFERS TEL: 07522 173 297	T4SDK OFFERS TEL: 07522 173 297
AA55HAD OFFERS TEL: 07522 173 297	BAO.5HAN OFFERS TEL: 07522 173 297	FI7RAN OFFERS TEL: 07522 173 297	KASSYM.A OFFERS TEL: 07522 173 297	MEIIZAN OFFERS TEL: 07522 173 297	SAI4HYL OFFERS TEL: 07522 173 297	T5PAN OFFERS TEL: 07522 173 297
ABIIDLA OFFERS TEL: 07522 173 297	BD5.7HUG OFFERS TEL: 07522 173 297	HIGFSA OFFERS TEL: 07522 173 297	KE55AR.J OFFERS TEL: 07522 173 297	MUIIAMO OFFERS TEL: 07522 173 297	SHO2ZEB OFFERS TEL: 07522 173 297	TIGYUB OFFERS TEL: 07522 173 297
AI3BYD OFFERS TEL: 07522 173 297	BIG KNY OFFERS TEL: 07522 173 297	HIGSNS OFFERS TEL: 07522 173 297	KE55AR.X OFFERS TEL: 07522 173 297	NAI3ELZ OFFERS TEL: 07522 173 297	SHIIEZD OFFERS TEL: 07522 173 297	TI7LAT OFFERS TEL: 07522 173 297
ADI4AAM OFFERS TEL: 07522 173 297	CHI4RCO OFFERS TEL: 07522 173 297	HAIIRUN OFFERS TEL: 07522 173 297	KHO9KAR OFFERS TEL: 07522 173 297	NAV330A OFFERS TEL: 07522 173 297	SHIFEK OFFERS TEL: 07522 173 297	TA5IWAR OFFERS TEL: 07522 173 297
ALIIMAH OFFERS TEL: 07522 173 297	CHI4TAS OFFERS TEL: 07522 173 297	HAI3EBB OFFERS TEL: 07522 173 297	KIOMHL OFFERS TEL: 07522 173 297	P44POO OFFERS TEL: 07522 173 297	SHIKOR OFFERS TEL: 07522 173 297	TA54DAK OFFERS TEL: 07522 173 297
ANIIAMS OFFERS TEL: 07522 173 297	CH JAT OFFERS TEL: 07522 173 297	JAI3ARZ OFFERS TEL: 07522 173 297	KISHVR OFFERS TEL: 07522 173 297	RI4SYT OFFERS TEL: 07522 173 297	SHIIMEM OFFERS TEL: 07522 173 297	TA54WAR OFFERS TEL: 07522 173 297
ANIEEK OFFERS TEL: 07522 173 297	DI4TAA OFFERS TEL: 07522 173 297	JAS5 KOR OFFERS TEL: 07522 173 297	KKI. 2AYN OFFERS TEL: 07522 173 297	RI7NAJ OFFERS TEL: 07522 173 297	SHISAD OFFERS TEL: 07522 173 297	V3JEY OFFERS TEL: 07522 173 297
ANIIQUE OFFERS TEL: 07522 173 297	EI3RAR OFFERS TEL: 07522 173 297	JAS.5NGH OFFERS TEL: 07522 173 297	LIGAYD OFFERS TEL: 07522 173 297	RAI3 KHN OFFERS TEL: 07522 173 297	SHI3KHE OFFERS TEL: 07522 173 297	W4SAB OFFERS TEL: 07522 173 297
A.RI3MHN OFFERS TEL: 07522 173 297	ESIIMYL OFFERS TEL: 07522 173 297	JAIIBAR OFFERS TEL: 07522 173 297	L4IIORE OFFERS TEL: 07522 173 297	RAI3NWZ OFFERS TEL: 07522 173 297	SHI3KHY OFFERS TEL: 07522 173 297	WI4JYD OFFERS TEL: 07522 173 297
ASIIWYN OFFERS TEL: 07522 173 297	FBIZANA OFFERS (FARANA) TEL: 07522 173 297	JASS JAZ OFFERS TEL: 07522 173 297	MI2NYR OFFERS TEL: 07522 173 297	RAI4SHD OFFERS TEL: 07522 173 297	SHI4KEL OFFERS TEL: 07522 173 297	X.I5AH.X OFFERS TEL: 07522 173 297
ATIIQUE OFFERS TEL: 07522 173 297	FBRHN OFFERS TEL: 07522 173 297	KI55HYF OFFERS TEL: 07522 173 297	M42RUF OFFERS TEL: 07522 173 297	S3I ACN OFFERS TEL: 07522 173 297	SHI4KYL OFFERS TEL: 07522 173 297	

GB **L20RD**
£25,000 QUICK SALE TEL. 07969 914 041

GB **SHIYLA**
£1,000,000 TEL. 07969 914 041

GB **786 BG**
£37,995 HR4SH1D@GMAIL.COM

GB **BRI7HMA**
£30,000 TEL. 07999 754 999

GB **SIKHE**
£28,995 TEL. 07971 397 677

GB **SIEKO**
£6,995 TEL. 07971 397 677

NUMBERS 4 NAMES

- KII ANN** £40,000 KHAN
- CI4 SSE** £5,000 CLASSY
- OELL BOY** £20,000 DELL BOY
- K4 VRS** £5,000 KAURS
- DOII DRS** £10,000 DOLLORS
- B4 BMW** **SOLD** BMW
- J4 NGS** £7,500 JANGS
- SII ETK** £5,000 SHEIKH
- R5 PWR** £7,500 RS POWER
- ASII AHS** £3,000 A SHAH

- ASK 4 JOE - joelewis101@live.co.uk
Tel: 07944 316 565 - 07815 114 201



Small Ads **BIG Results**
Classified Ads Call now to advertise!! **08703 608 606**

CAR MECHANICS

A VERY BUSY GARAGE NEEDS EXPERIENCED MECHANICS

Good working conditions for a family run busy local garage been in business for 58years.

We have vacancies for **vehicle technicians** 30k-35k pa. + monthly profit share + annual bonus +pension+xmas bonus+other benefits.
 NO SUNDAYS. Immediate start.
 Driving license preferred and minimum of 3 years experience.

Job Type: Full-time
Salary: £30,000.00-£35,000.00 per year
Benefits: Profit sharing
Supplemental pay types: Bonus scheme, Yearly bonus
Ability to commute/relocate: Leeds: reliably commute or plan to relocate before starting work (preferred)
Experience: mechanical: Minimum 3 years (preferred). IMI Level 3 or qualified by experience.
Work authorisation: United Kingdom (required)
Work Location: In person.
Email: sales@troyautopoint.co.uk or Call: 0113 240 4141

CAR MECHANICS

JR Accident Repair Centre Ltd
 Established 1984

All vehicle services and approved bodyshop

t: 0113 235 0460
f: 0113 235 0336
email: info@jrautobodies.co.uk
web: www.jrautobodies.com

MOT Point
 VEHICLE SERVICE CENTRE

WESTMINSTER INSURANCE
 Approved Repairer

You've got a business... .. We've got a strategy

Call to find out how make your business stand out from the crowd

- Free advice on your advertising needs
- Range of advertising and promotional options
- Packages to suit all budgets
- Sponsored business profile packages
- In-house design available
- Newsprint & Digital

Award-winning publications
 Empowering South Asian communities since 2001
 Telephone: 08703 608 606 • 07969 914 041
 Email: general.enquiry@asianexpress.co.uk

www.asianexpress.co.uk

ESTATE AGENTS

go go Real Estate
 www.gogorealestate.co.uk
T: 0113 248 4420
 203 Harehills Lane, Leeds, LS8 3QH

FUNERAL DIRECTORS

ASIAN FUNERAL HOME
 caring for your loved ones

Yorkshire's Only Dedicated Asian Funeral Directors
 Conducting religion specific ceremonies for all faiths across the UK

- 24 Hour Private Ambulance
- Personal Home Arrangement
- Ritual Bathing & Dressing
- Private Darshan (Viewing Chapel)
- Weekend Funerals
- Asian Flowers
- Ceremonial Puja Items
- Priests
- Horse & Carriage
- Coach Arrangement
- Dove Release
- A Funeral Notice
- Transport of loved ones
- Ash Scattering Service
- Advanced Planning
- Breavement Counselling

Packages starting from **£1,495**
 Call our 24 hour helpline

Shanti House, 368 York Road, Leeds, LS9 9EB
E: care@asianfuneralhome.com **24 hour helpline:** (0113) 8113 999
Web: www.asianfuneralhome.com

WEB DESIGN

GREAT BUSINESS. AMAZING WEBSITE.

CONTACT US | HOME | SERVICES | PRODUCTS | ABOUT US

MOBILE: 07771 141471
 Email: sales@manzman.co.uk
 SKYPE | WHATSAPP | TELEGRAM | OTHERS

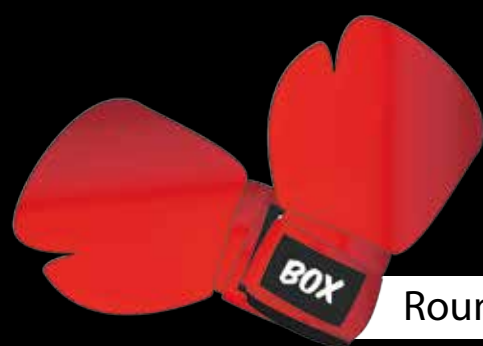
Does Your Business Need A Professional Website?
 We Craft, Build & Design Beautiful Websites
ALL PACKAGES INCLUDE

- ◆ Logo Design
- ◆ Website Content
- ◆ Services / Products
- ◆ Professional Images
- ◆ Colour Integration
- ◆ Training

manzman
 MANZMAN - Web Design Solutions
 http://www.manzman.co.uk

TERMS & CONDITIONS | CONTENTS | UPDATES | PRIVACY POLICY | LOGO DONE | ENHANCEMENTS

SEKHON GROUP OF COMPANIES

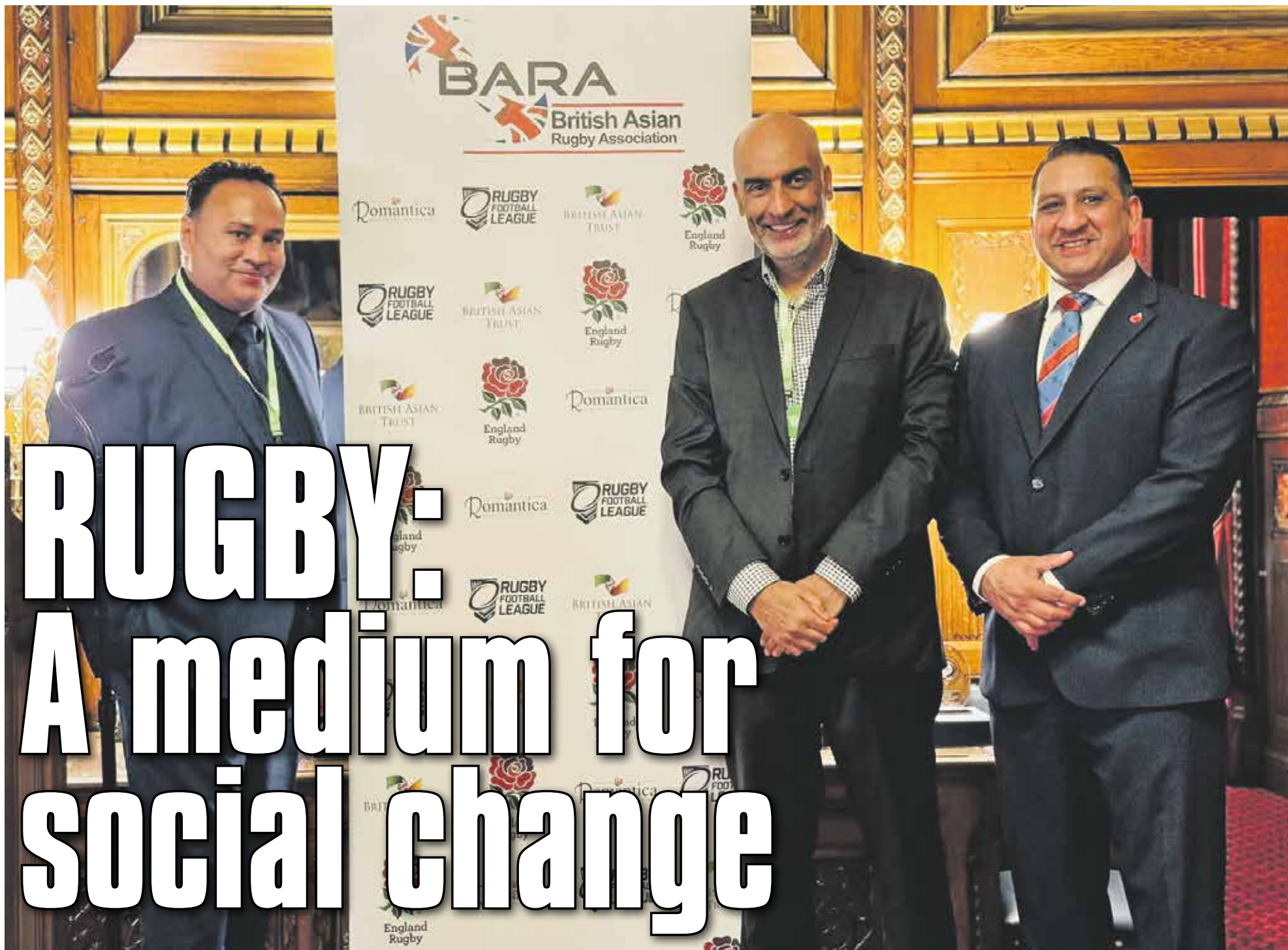


Asian Express

SPORT



Round up of all your local, national and international sporting news



British Asian Rugby Awards take place in Parliament highlighting achievements of individuals and organisations

The British Asian Rugby Association C.I.C. (BARA) held its inaugural British Asian Rugby Awards in the Palace of Westminster; honouring achievements of British South Asians in rugby, highlighting their contributions and driving positive change.
Dr Ikram Butt, BARA founder and the first British Asian to represent England in either code of rugby, stated: "The British Asian Rugby Awards are a landmark moment to recognise the success of South Asians who have

inspired others, transformed perceptions, and impacted their communities."
"BARA has always sought to use rugby as a medium for social change and cultural understanding, fostering community cohesion.
"At a time when society faces challenges like race riots and Islamophobia, sports can unite people, break down prejudices, and promote a sense of belonging.

Continued on page 46

Asian Express

SPORT

Round up of all your local, national and international sporting news



British Asian Rugby Awards take place in Parliament highlighting achievements of individuals and organisations

**Continued from page 45**

"This milestone moment not only recognises the achievements of South Asians in rugby but also underscores the power of sport to unite communities and challenge societal divides.

"Hosting this event in Parliament demonstrates the importance of inclusivity and the growing acknowledgment of representation in sport.

"As BARA approaches its 20th anniversary next year, this inaugural awards evening lays

the foundation for continued progress, ensuring South Asian representation thrives in rugby for generations to come."

Stephanie Peacock, Minister for Sport, Media, Civil Society, and Youth, praised BARA's efforts in her message of support: "Like all sport, rugby has the power to change lives and bring communities closer together. I'd like to pay tribute to all those honoured tonight and to the British Asian Rugby Association for their fantastic work promoting diversity and representation across both

codes."

Sir Lindsay Hoyle, Speaker of the House, commented: "It is a privilege to host the British Asian Rugby Awards in Speaker's House.

"This event is a testament to the growing representation and success of British South Asians in rugby. Such an initiative celebrates athletic achievement and highlights the power of sport in fostering unity, respect, and diversity in our society. I commend BARA for their dedication to inclusivity in rugby and am honoured to support their efforts."



RUGBY: A medium for social change

Winners

- Rising Star Award – **Nimrah Gul (Halifax Panthers)**
- Outstanding Talent Award – **Hamza Butt (Wigan Warriors)**
- Excellence in Schools Awards – **Parkinson Lane Primary & Olive Tree Primary**
- Inclusion Awards – **Manjinder Nagra & Beena Chadha**
- Grassroots Excellence Awards – **Mick Johal & Humayun Islam B.E.M.**
- Professional Club Awards – **Huddersfield Giants & Bradford Bulls**
- Coach of Excellence Award – **Navneet Sembi**
- Community Excellence Awards – **Zeinab Drabu & Starr Zaman**
- International Excellence Award – **Nasser Hussain**



Round up of all your local, national and international sporting news

Asian Express

SPORT



Mural tribute planned for city's unsung sports stars

A record-breaking local swimmer and a legendary Leeds Paralympian are among the city's unsung sporting heroes set to be honoured in series of eye-catching new murals.

Doris Storey, who smashed the record for the 220yds breaststroke in 1938, and Kadeena Cox, who has brought home a remarkable string of Paralympic gold medals in sprinting and cycling, have been chosen by a panel of volunteers to be commemorated in the exciting new arts project.

They will be joined by a tribute to the

Leeds Caribbean Cricket Club, which became the first club of its kind in the UK when it was established in 1948, as well as murals depicting the city's rich dance heritage and its new wave of skateboarding stars.

And the search is now on to find the perfect spot for each artwork, with project bosses appealing for local businesses and venues to come forward to host one of the colourful creations.

Each of the subjects were chosen by a panel of volunteers working with Leeds Museums and Galleries as part of

the On the Pitch, Off the Pitch project, which aims to explore some of the city's lesser-known sporting triumphs and how they link with the city's museum collection.

Made possible by a £210,665 grant from The National Lottery Heritage Fund through their Dynamic Collections programme, the project will also record a series of sporting interviews which will become part of the museum collection.

Leeds Museums and Galleries' project curator Catherine Robins said:

"Discovering the stories behind these remarkable individuals, teams and sports has been an absolutely fascinating journey for the group and has really helped us all understand more about

the unsung sports stars who have blazed a trail for others over the decades.

"Seeing their legacy honoured by these new artworks will be a very proud moment for us and for the city. We'd love to hear from any buildings, businesses or venues who think they'd be a fitting place to host a mural and who might be able to help us create a lasting tribute to these incredible Leeds stories."

Sporting murals already in place around Leeds include a stunning tribute

to former Leeds United manager Marcelo Bielsa in Hyde Park, a mural honouring Leeds Rhinos legend Rob Burrow on the side of Leeds Beckett University, and an artwork of former world champion boxer Josh Warrington under the A58 flyover.

Councillor Salma Arif, Leeds City Council's executive member for adult social care, active lifestyles and culture, said: "Leeds has its own completely unique sporting story which has been written by those individuals and competitors who have blazed a trail through history.

"It's great to see local volunteers and our museums working to ensure some of our city's unsung sporting heroes are recognised so they can inspire future generations of Leeds athletes."

Asian Express

SPORT

Round up of all your local, national and international sporting news



**You've got a business...
... We've got a strategy**

Call to find out how make your business stand out from the crowd

- Free advice on your advertising needs
- Range of advertising and promotional options
- Packages to suit all budgets
- Sponsored business profile packages
- In-house design available
- Newsprint & Digital

Asian Express
Newspaper

Award-winning publications

Empowering South Asian communities since 2001

Telephone:
08703 608 606 • 07969 914 041

Email:
general.enquiry@asianexpress.co.uk

www.asianexpress.co.uk

Embarking on an epic 550 Km desert ride to save children with heart defects

A team of cyclists will once again undertake an awe-inspiring 550-kilometre journey from Mecca to Medina to raise vital funds for children suffering from Congenital Heart Defects in Africa.

This is the fourth annual challenge for the H&K Cycle Club in East London, which sees the team aiming to raise an unprecedented £500,000, building on the £350,000 they have already secured through past rides.

This gruelling expedition will push the cyclists through the heart of the Saudi desert, where they will brave headwinds, scorching 40°C heat, and over 550 kilometres of rugged terrain.

For many riders, this marks their fourth ride between these iconic cities, bringing their collective total to over 2,000 kilometres ridden under some of the harshest cycling

conditions on earth.

Shamsul Abdin, Head of H&K Cycle Club, commented: "This ride goes far beyond a test of endurance. Every kilometre symbolises hope and life for children in critical need.

"I am incredibly proud of the team - many of whom have dedicated themselves to this journey year after year. With each push of the pedal, we are funding life-saving surgeries for children who otherwise may not survive. It's the strength of these children that drives us forward through the most challenging moments."

The route, first conquered by the H&K Cycle Club in 2022, has only ever been completed by this team. They have faced unrelenting desert heat, crowded highways, brutal headwinds and the exhaustion that comes from cycling for days in extreme conditions.

Yet, the goal - saving children's

lives - makes the hardship worth enduring, they say.

Funds raised from the event will support Muntada Aid's Little Hearts project, a vital initiative that has been transforming lives since its founding in 2012.

Little Hearts delivers free, life-saving surgeries for children from disadvantaged backgrounds across Africa and beyond, reaching nearly 3,000 children across 15 countries to date.

Kabir Miah, Programmes Manager at Muntada Aid, added: "The dedication and resilience of the H&K Cycle Club serve as a beacon of hope.

"Every single pound raised provides a fighting chance for a child who may otherwise face a life cut short. This ride isn't just about cycling - it's about giving children a chance to live long and healthy lives."



AAGRAN[®]
MIDPOINT

BRUNCH BAZAAR
SATURDAY, SUNDAY
AND BANK HOLIDAYS

